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 **frontiers**
in Pharmacology

ORIGINAL RESEARCH
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Propionate Ameliorates Dextran Sodium Sulfate-Induced Colitis by Improving Intestinal Barrier Function and Reducing Inflammation and Oxidative Stress

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Edited by:

Giuseppe Esposito,

Sapienza University of Rome, Italy

Reviewed by:

Kulmira Nurgali,

Ling-chang Tong^{1,2†}, Yue Wang^{1,3†}, Zhi-bin Wang^{2†}, Wei-ye Liu², Sheng Sun², Ling Li^{2*},
Ding-feng Su^{2*} and Li-chao Zhang^{1*}

¹ Department of Pharmacy, Shanghai Municipal Hospital of Traditional Chinese Medicine, Shanghai, China, ² Department of Pharmacology, College of Pharmacy, Second Military Medical University, Shanghai, China, ³ Department of Pharmacy, Ningxia Medical University, Yinchuan, China

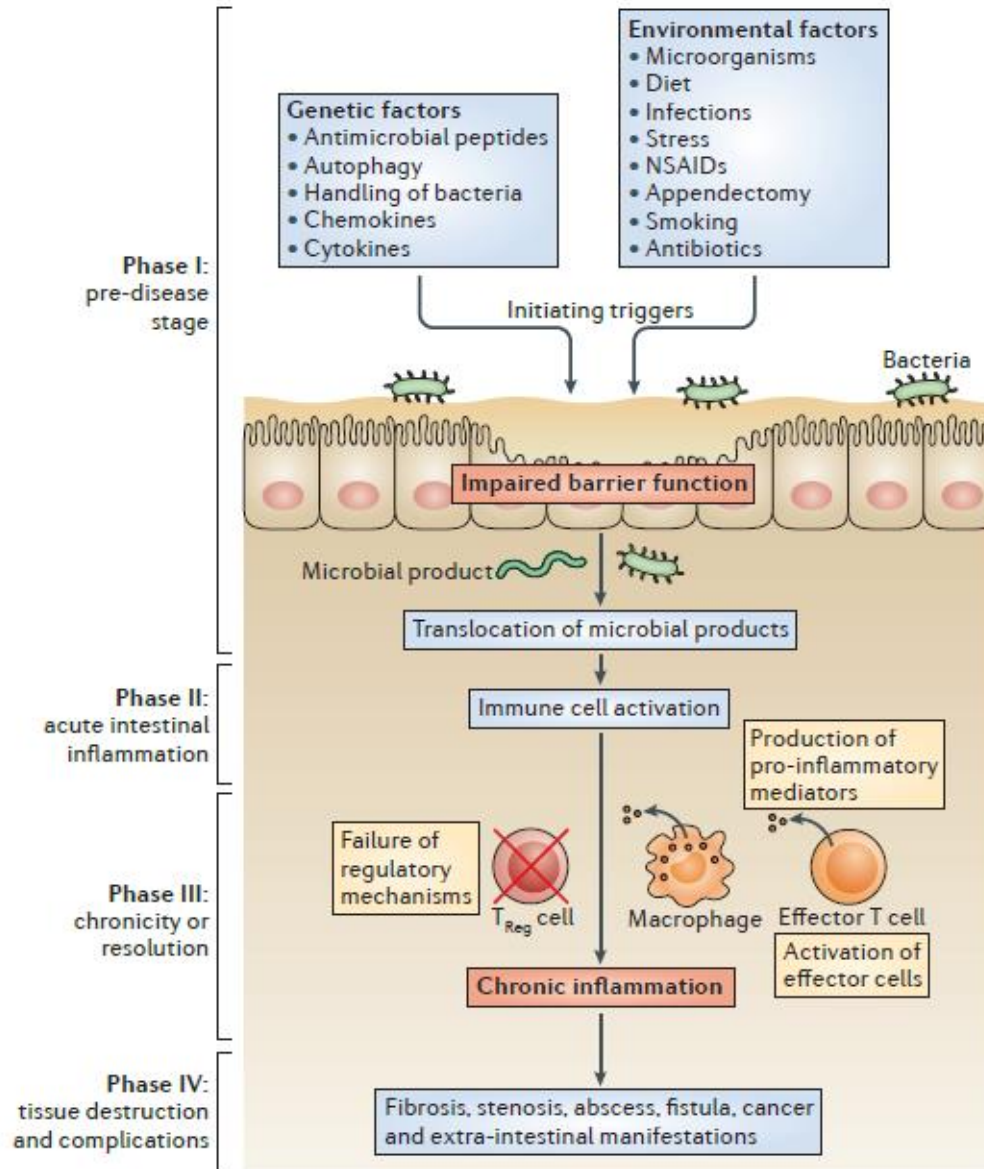
Inflammatory bowel disease (IBD)

Multifactorial disorder

- gene susceptibility, immune dysregulation, microbial flora, environmental factors

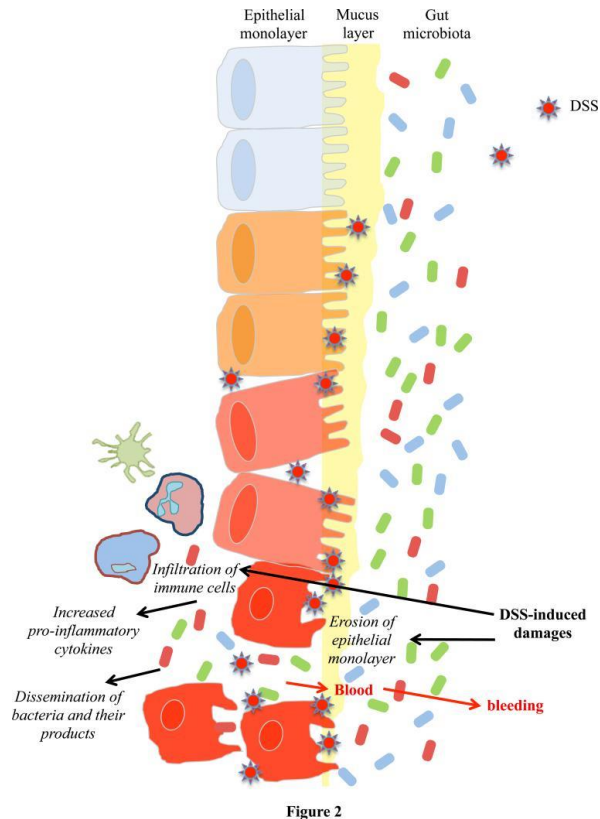
Two principal types

- Crohn's disease (entire gastrointestinal tract)
- Ulcerative colitis (colon, rectum)



Markus F. Neurath. Cytokines in inflammatory bowel disease. *Nature Reviews Immunology* 14: 329-342 (2014)

DSS

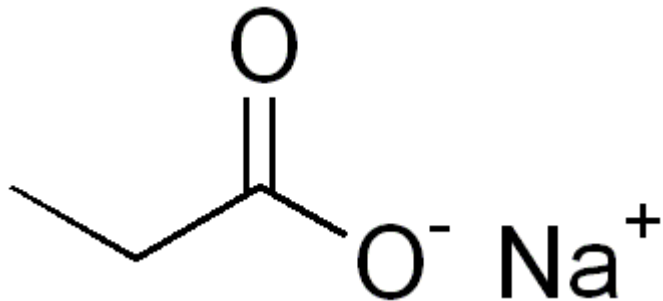


- Induction of experimental IBD with Dextran Sulfate Sodium (DSS)
- Loss of tight junction proteins → loss of colonic integrity → inflammation
- DSS binds to Medium-Chain-Length Fatty Acids forming a complex (~200nm) → able to fuse with colonocyte membranes

Common therapy

- Glucocorticoids, sulfasalazine, immunosuppressive drugs
- Clinical application of these substances is limited
→ adverse effects

Sodium propionate



- Short chain fatty acid
- Produced by anaerobic fermentation
- Reducing the production of pro-inflammatory cytokines
- Enhancing intestinal barrier function
- Inhibition of oxidative stress

Methods: DSS induced colitis in Animals

- C57BL/6J male mice
- 40 mice randomized to four groups:
 - Control group (drinking water for 14 days)
 - Propionate group (1% in ddH₂O for 14 days)
 - DSS group (d1-d6 drinking water, d7-d14 3% DSS in ddH₂O)
 - DSS/Propionate group (d1-d6 1% propionate from d7-d14 supplemented with 3% DSS)

Methods: Histopathological assessment

- Measurement of colon length
- Paraffin embedded → cross-sectioning → HE-stain
- Histopathological evaluation
 - 0: no obvious inflammatory reaction
 - 1: the presence of low-level inflammatory reaction with a few scattered inflammatory cells
 - 2: the presence of moderate inflammatory infiltration
 - 3: the presence of severe inflammatory reaction in the colon tissue as represented by increased vascular density and thickness
 - 4: the presence of large amounts of inflammation cell infiltration and rupture of goblet cell mass.

Methods: *In vivo* Intestinal Permeability

- Mice were fastened o/n
- FITC-dextran delivered via gavage
- Scarification 4h after administration
- Serum levels of FITC (480 and 520nm microplate flourometer)

Methods: RNA Isolation and Quantitative RT-PCR

- RNA extraction from colon tissue
- Inflammatory factors:
 - TNF α
 - IL-1 β
 - IL-6

Methods: Immunoblotting

- Protein extraction
- Antibodies used:
 - Anti-ZO-1
 - Anti-occludin
 - Anti-E-cadherin
 - Anti-STAT3
 - Anti-p-STAT3

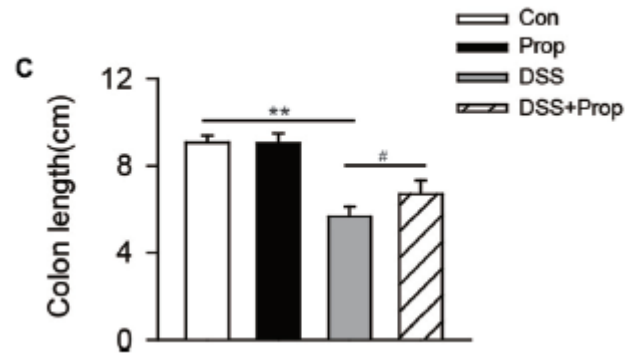
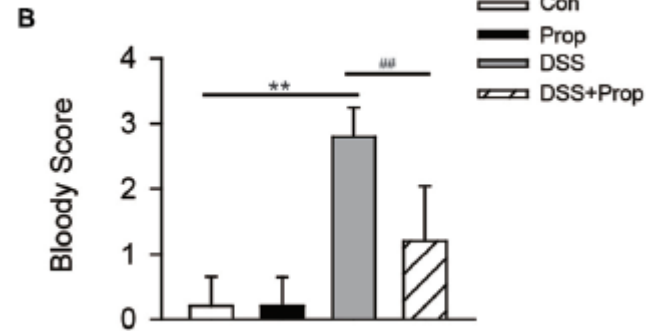
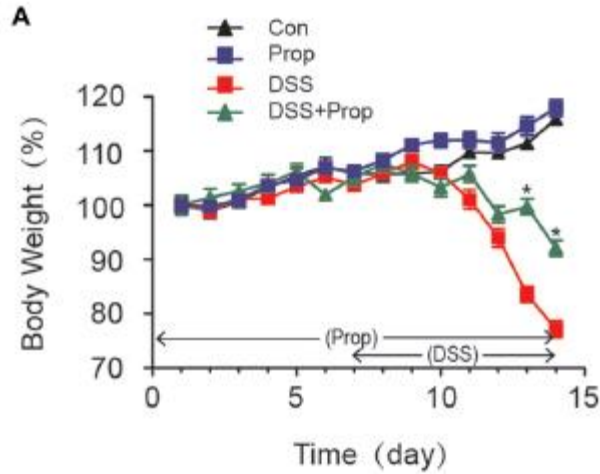
Methods: Measurement of Myeloperoxidase(MPO) Level in Colon and Serum

- MPO can modulate hydrogen peroxide
- Measurement of MPO activity
- MPO activity was defined as the quantity of enzyme degrading 1 mmol/ml of peroxide at 37°C

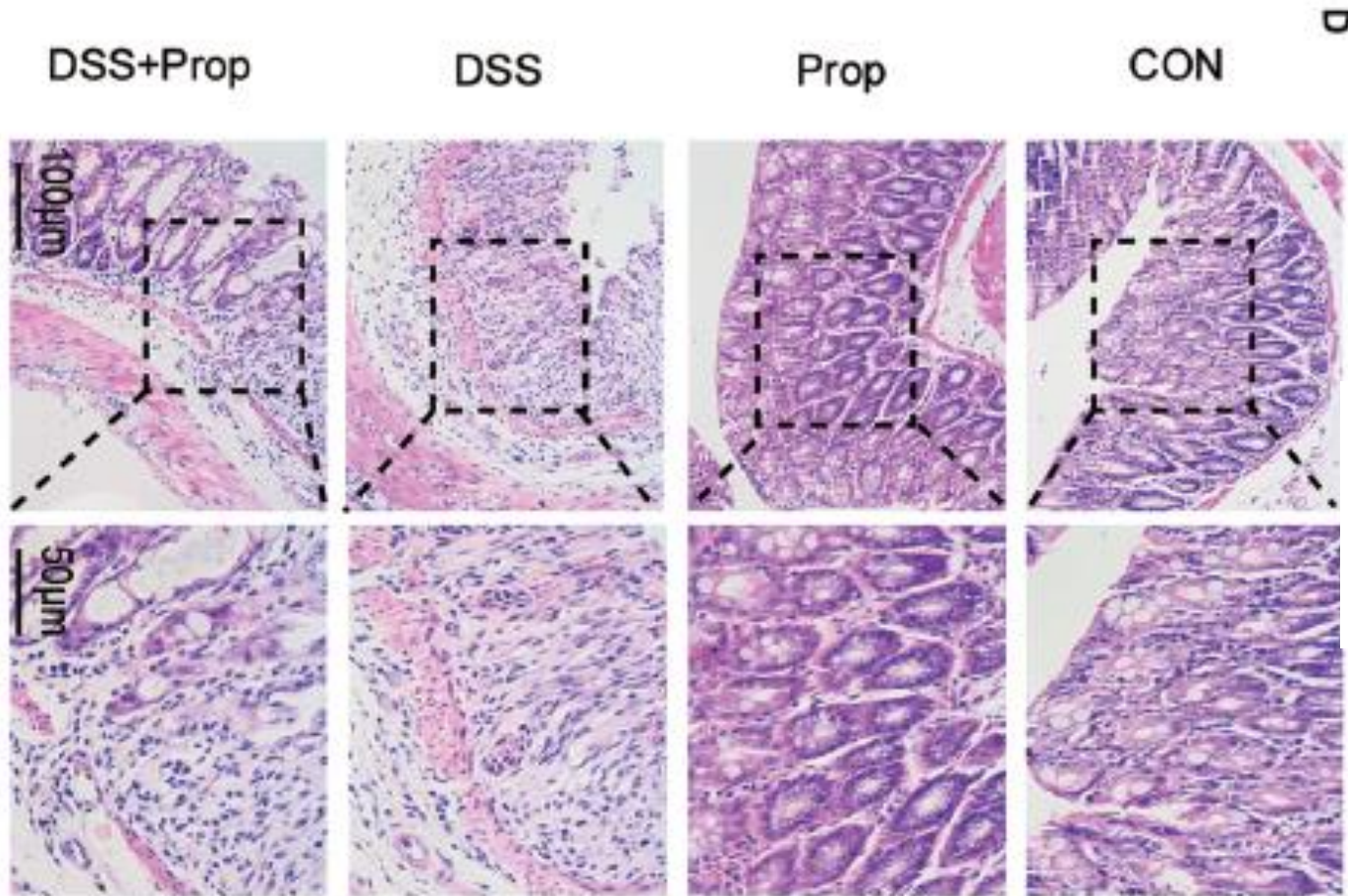
Methods: Assessment of Macrophages in Colonic Mucosa by Immunofluorescence

- Immunofluorescence of colonic tissue
- Anti-CD68-antibody

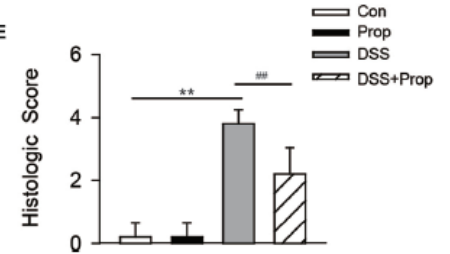
Results



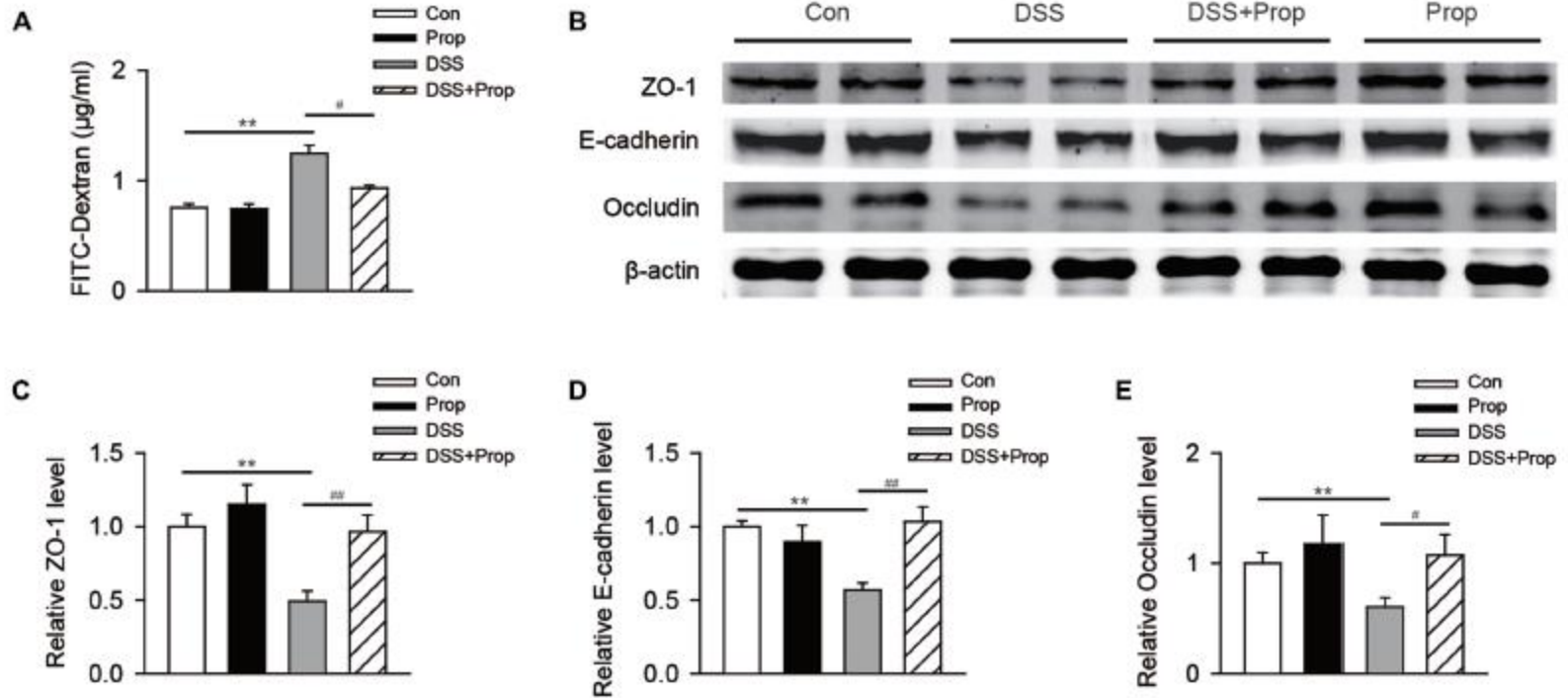
Results



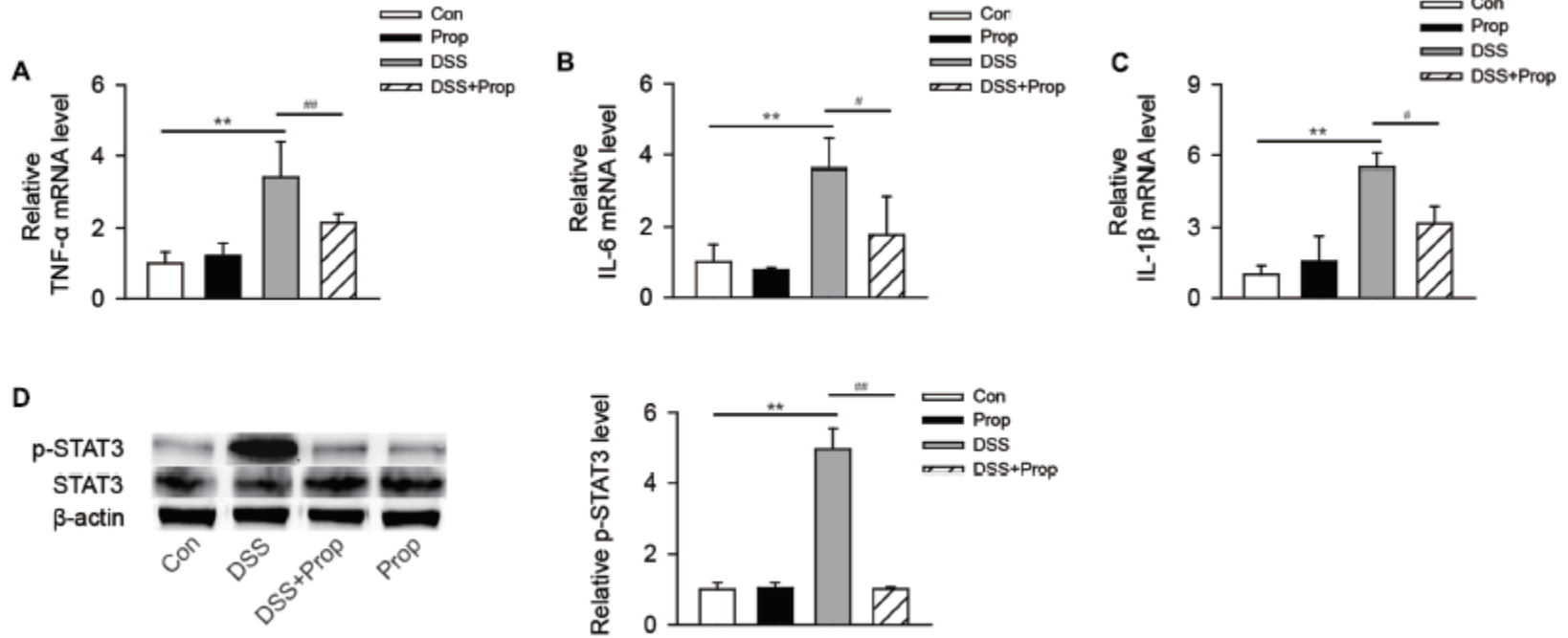
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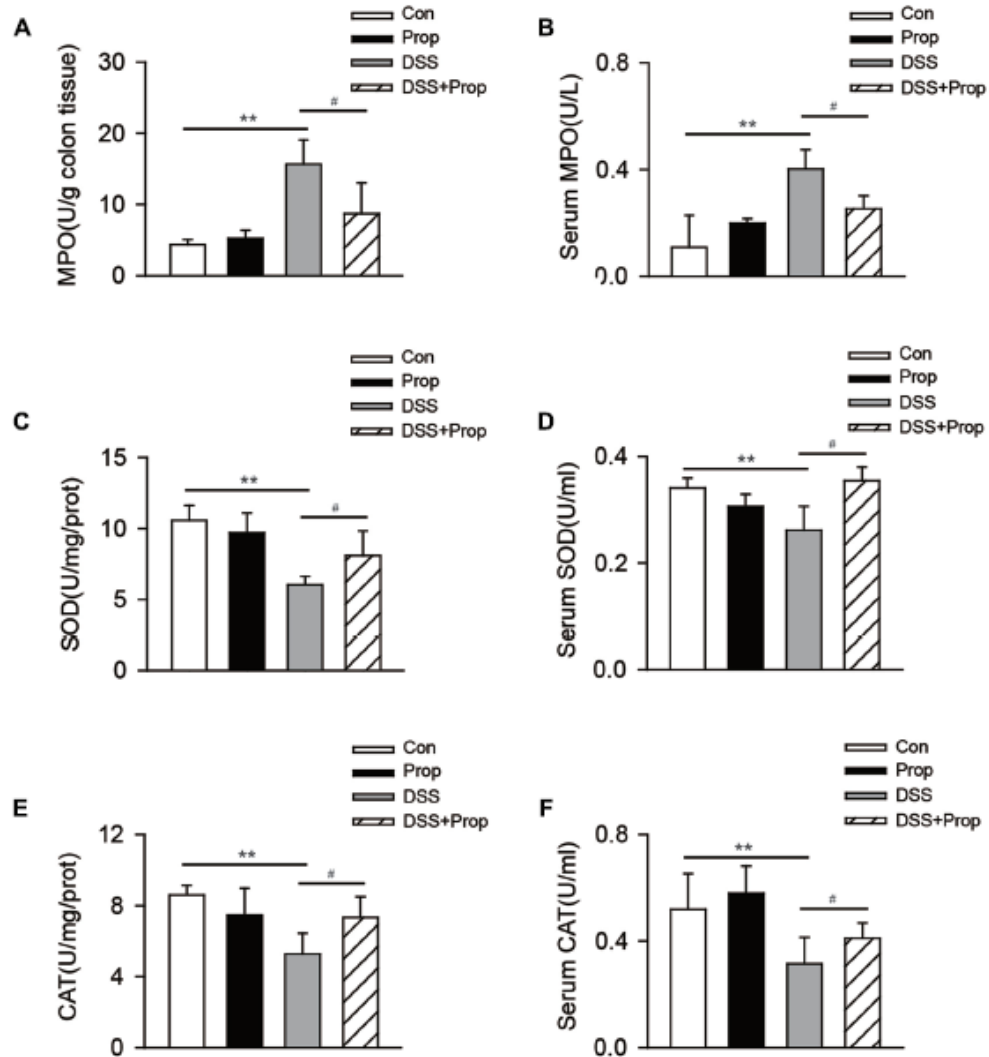
Results



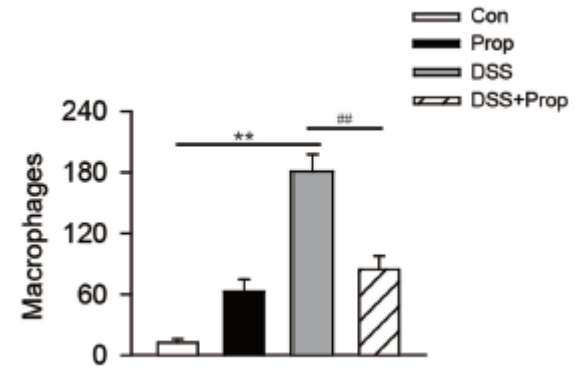
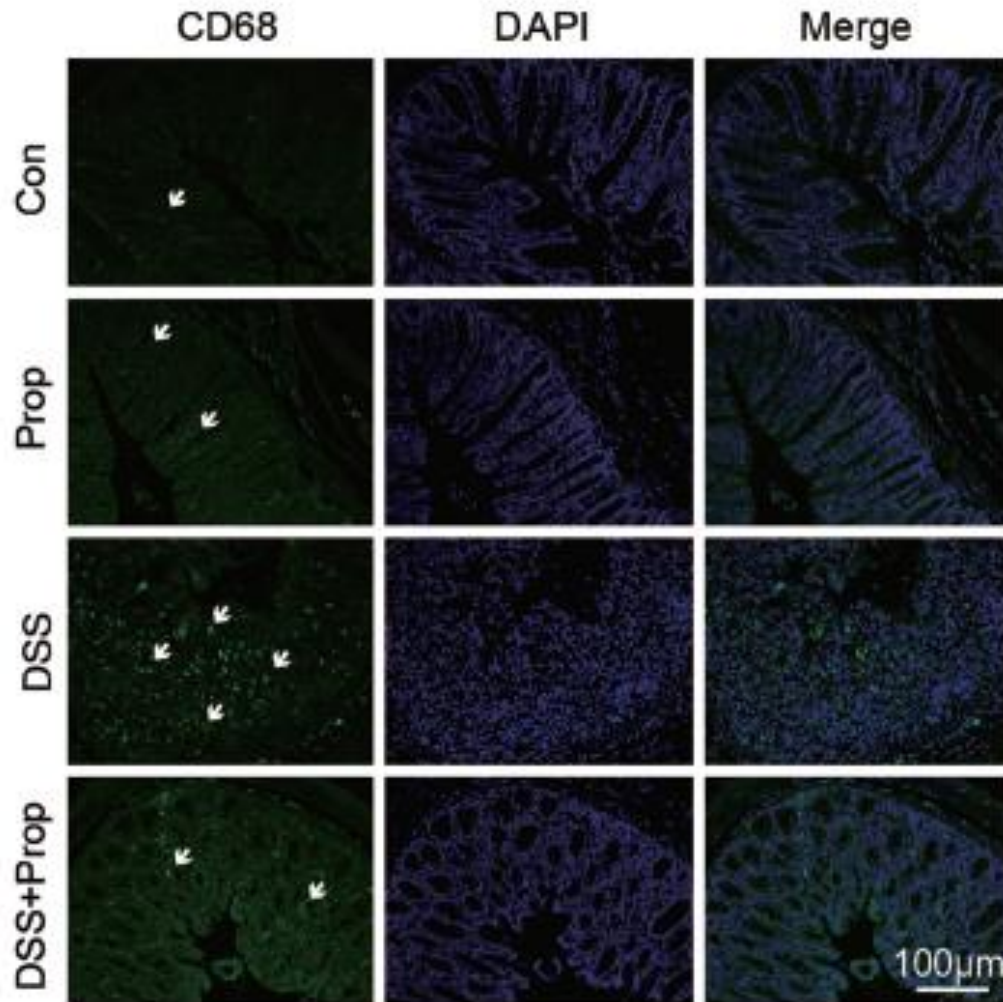
Results



Results



Results



Discussion

- Sodium propionate inhibits down-regulation of ZO-1, occluding, E-cadherin
- Sodium propionate reduces the expression of pro-inflammatory cytokines: inflammatory factors TNF- α , IL-1 β , and IL-6 mRNA
- Sodium propionate reduces CD68 expression in colonic tissue \downarrow macrophages infiltration
- Sodium propionate inhibits oxidative stress reduces MPO activity and enhances SOD and CAT activities in serum
- Sodium propionate inhibits phosphorylation of STAT3