

# 3D printed microchannel networks to direct vascularisation during endochondral bone repair

Andrew C. Daly et al.

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# Content

- Introduction/Background
- Materials & Methods
- Results
- Conclusion

# Endochondral Ossification

- Bone formation during **fetal development** of the mammalian skeletal system, **bone length growth** and **fracture healing (Callus formation)**
- continuous cell division of chondrocytes is accompanied by secretion of extracellular matrix
- temporary cartilaginous templates become vascularised and transformed into bone → OPCs recruitment
- chondrogenically primed MSCs secrete morphogenic proteins such as VEGF, BMP-2, SDF-1, and PDGF

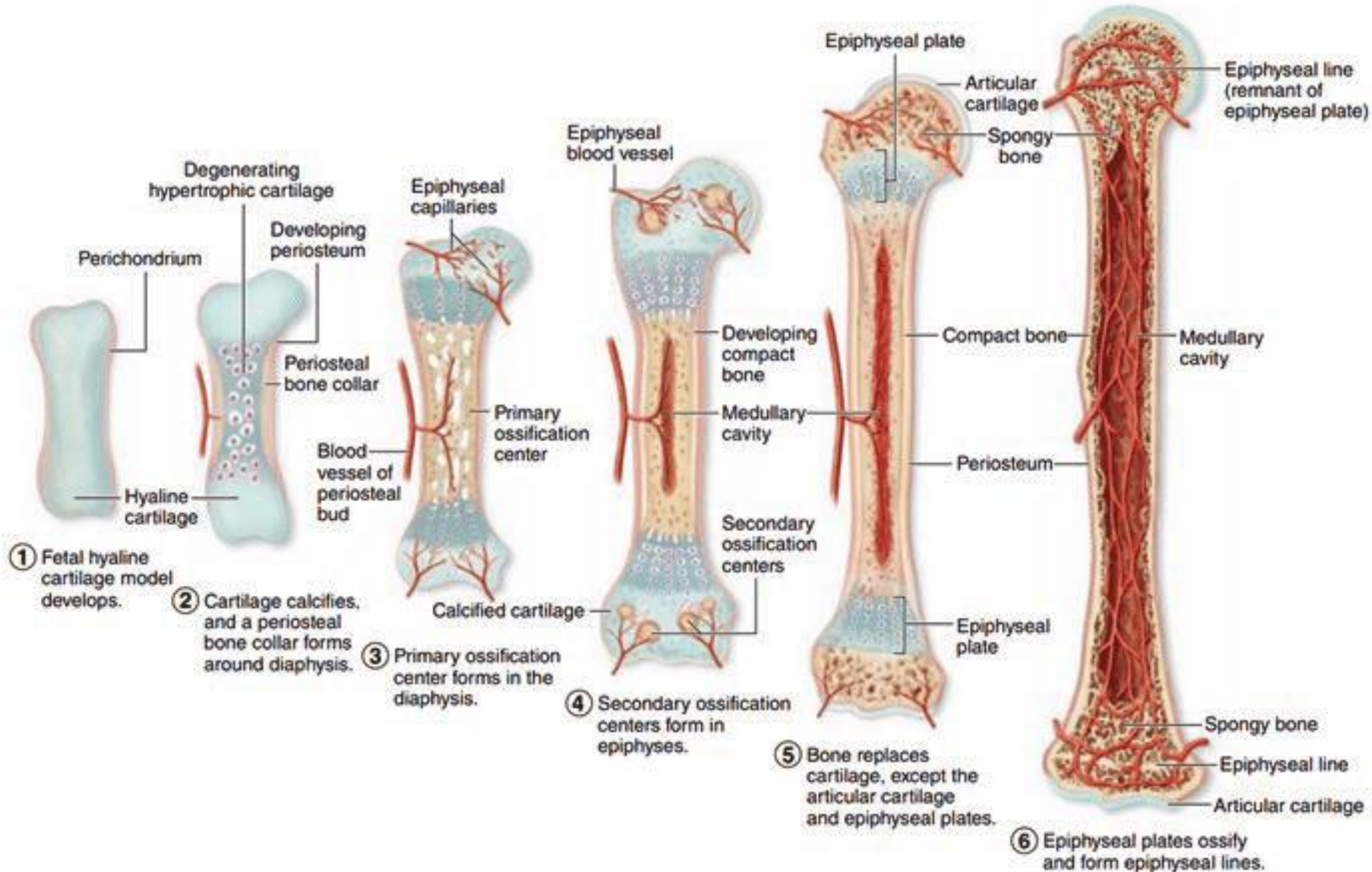
# Ossification sites

## Primary Ossification

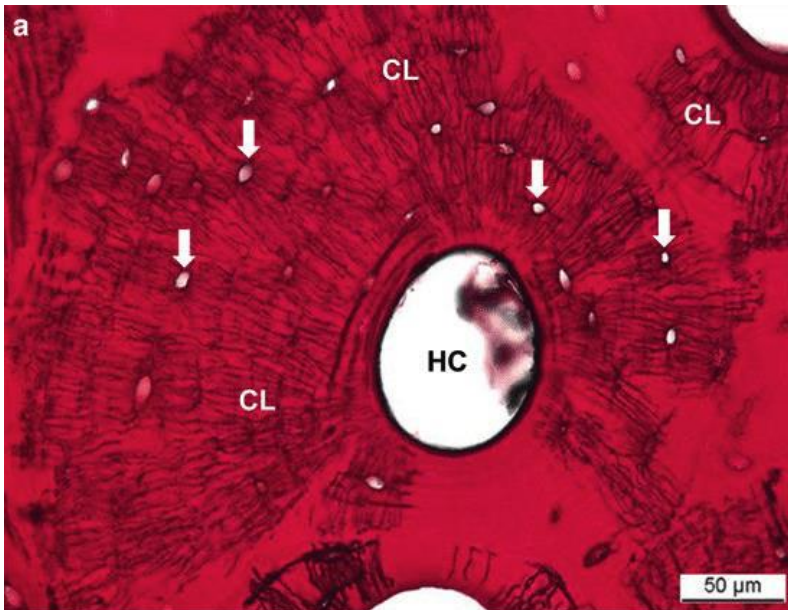
- Primary center of ossification is the diaphysis
- perichondrium becomes the periosteum
- Collar formation by osteoblast osteoid secretion
- Calcification (collagen, proteoglycan secretion ↓ alkaline phosphatase ↑)

## Secondary Ossification

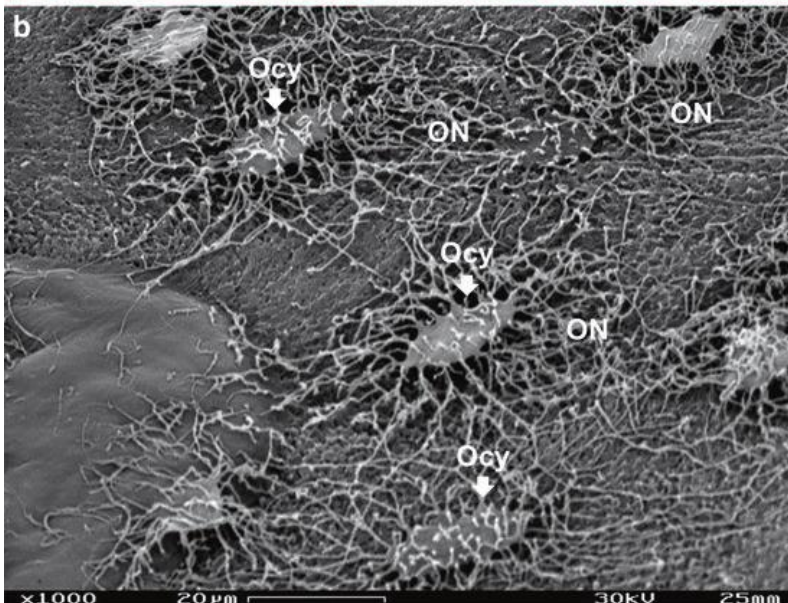
- Secondary center of ossification → epiphysis
- Cartilage between primary and secondary ossification center → **epiphyseal plate**
- Epiphyseal line – point of union between the two ossification centers
- Cartilage removed by bone



adapted from - JA Gasser et al. Bone Physiology and Biology. Bone Toxicology 09/2017



a) decalcified human femur



b) EM image of osteocytes

adapted from - JA Gasser et al. Bone Physiology and Biology.  
Bone Toxicology 09/2017

# Materials and Methods

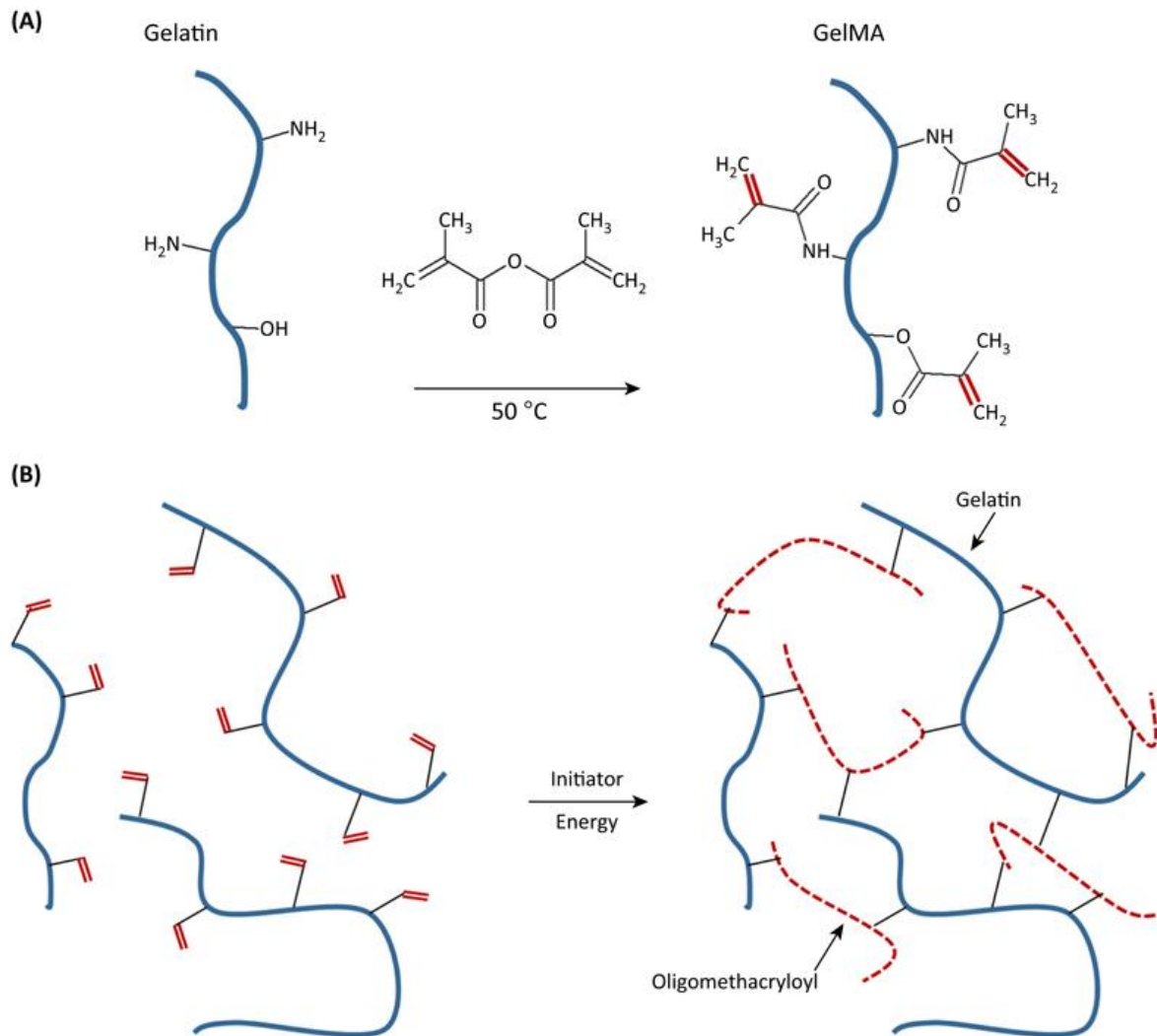
# Isolation and expansion of MSCs

- BM – derived – MSCs isolated from femoral shaft of 6 week old Fisher Male rats
- Expanded in high – glucose Dulbecco ´s modified Eagle ´s medium GlutaMAX (hgDMEM)
- Supplemented with 10% FBS, 100 U/ml penicillin, 100 mg/ml streptomycin and 2.5mg/ml amphotericin B at 5% pO<sub>2</sub>
- Colony formation → MSCs were trypsinized, counted and seeded at a density of 5000 cell/cm<sup>2</sup> in 500 cm<sup>2</sup> triple flasks
- Again in supplementnation medium + 5 ng/ml human fibroblastic growth factor-2



# GelMA

- Gelatin Methacryloyl (GelMA) is a hydrogel suitable for biomedical applications
- Possesses ECM properties - cell-attaching and MMP responsive peptide motifs
  - proliferation and spreading of cells in GelMA based scaffolds
- When exposed to light irradiation it crosslinks
  - form hydrogels with tunable mechanical properties



A) GelMA formation

B) GelMA chains form polymers

Gelatin and polymethacryloyl Network formation

Adapted from - BJ Klotz et al. Gelatin-Methacryloyl Hydrogels: Towards Biofabrication-Based Tissue Repair. Published in Trends Biotechnology 05/2016

# GelMA synthesis

- synthesized by reaction of porcine type A gelatin with methacrylic anhydride at 50°C for 4h
- Methacrylic anhydride (1 ml MA/gram gelatin) was added to a 10% solution of gelatin in PBS under constant stirring  
→ methacrylation of approximately 75%
- functionalized polymer was dialyzed against distilled water for 7 days at 40°C  
→ dried and frozen at -20°C until usage

# In vitro culture conditions

- Culture conditions defined as culture in a chondrogenic medium (CDM)
- Consists of **hgDMEM GlutaMAX** supplemented with 100 U/ml penicillin, 100 mg/ml streptomycin, 100 mg/ml sodium pyruvate, 40 mg/ml L-proline, 50 mg/ml L-ascorbic acid-2-phosphate, 4.7 mg/ml linoleic acid, 1.5mg/ml bovine serum albumine, 1x insuline- transferrineselenium, 100 nM dexamethasone ,2.5 mg/ml amphotericin B, 500 ng/ml of recombinant human **bone morphogenetic protein 2 (BMP-2)** and 10 ng/ml of **human transforming growth factor-b3 (TGF-b3)**
- The constructs were primed for 2 weeks at 5% pO<sub>2</sub>  
→ followed by 2 weeks at 20% pO<sub>2</sub> before implantation

# 3D printing system

- All 3D-printing was performed using a 3D Discovery system (Regen Hu, Switzerland)
- Pluronic F127 was dissolved at 40 wt% in deionized ultrapure water by mixing at 4°C overnight - **sacrificial pluronic ink** -
- ink was loaded into a syringe → centrifuged to remove any air bubbles
- using a 30G needle → printed at 18°C and an extrusion pressure of 0.5 MPa.
- cell density of 20 million BM – derived - MSCs/ml of hydrogel

# Microchanneled cartilage templates

- free-standing network of micropillars was 3D-printed onto a glass slide using a pluronic ink (40 wt %)
- pluronic circle (4 mm inner-Ø) was printed around the micropillars
- cell-laden GelMA solution (10 wt% + irgacure 0.05 wt %), containing MSCs (20 million/ ml), was pipetted around the micropillars
- cross-linked using UV light for 25 min
- The constructs were next placed in CDM media at 37°C for 3 h

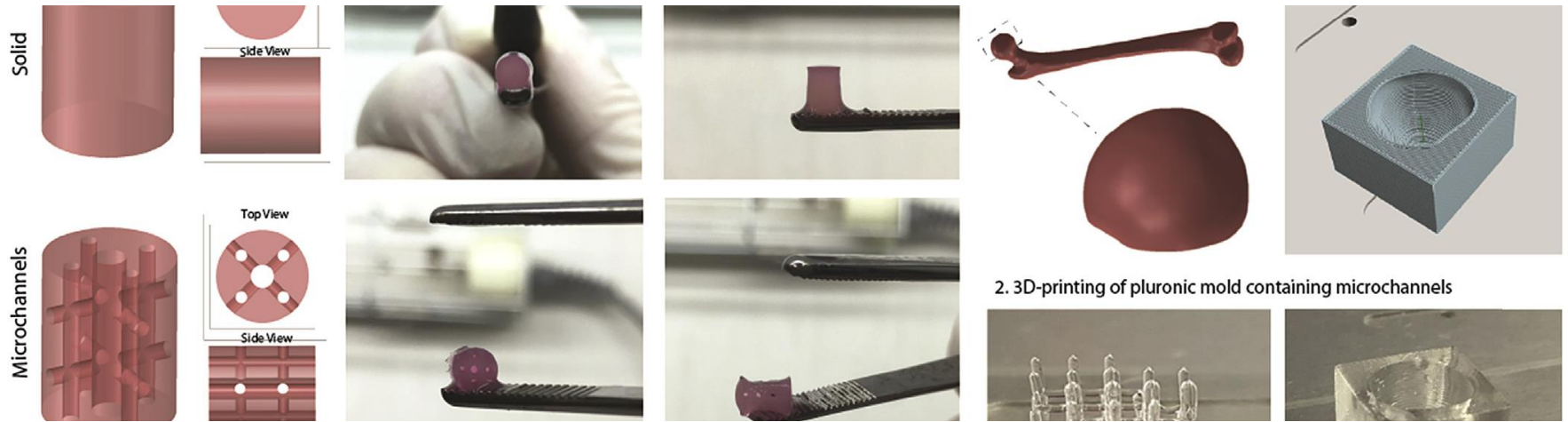
- Cooling of the pluronic network at 4°C for 5 minutes resulted in its sacrifice
  - formation of an open network of interconnected microchannels inside the cylindrical hydrogel

# Live/dead confocal microscopy

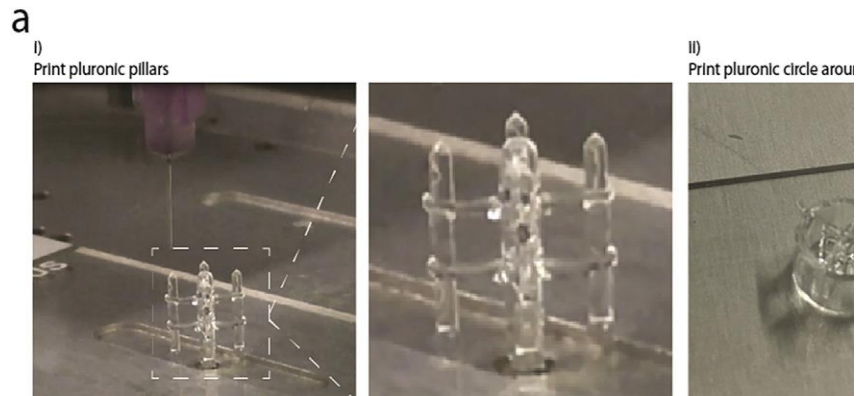
- Using a LIVE/DEAD™ viability/cytotoxicity assay kit cell viability was assessed after 24h
- Constructs were washed in PBS → incubation in PBS containing 2 mM **calcein AM (green fluorescence of membrane for live cells)** and 4 mM **ethidium homodimer-1 (red fluorescence of DNA for dead cells)**
- Sections were again washed in PBS, imaged with a Leica SP8 scanning confocal at 515nm and 615nm channels
- Analysis using Leica Application Suite X (LAS X) software



# 3D printing of microchanneled cartilage templates



2. 3D-printing of pluronic mold containing microchannels



# Biochemical analysis

- Biochemical content of all hydrogels were analysed pre-implantation ( after 4 weeks of in vitro cultivation)
- Priorly washed in PBS and frozen away at -20°C
- Constructs were digested with papain (125 mg/ml) in 0.1 M sodium acetate, 5 mM-cysteine-HCl, 0.05 EDTA pH 6.0 at 60°C and 10 rpm for 18 h
- amount of sulphated glycosaminoglycan (sGAG) was quantified using the dimethyl methylene blue dye-binding assay with a chondroitin sulphate standard.

# Histological and immunohistochemical analysis

- Fixation in 4% formaldehyde → submerged in graded series of ethanol's for dehydration → paraffine wax embedment → sections of 8µm affixed to microscope slides
- Post-implantation constructs were decalcified in EDTA for 2 weeks
- H&E and safarin - O stainings for assesment of bone formation and sGAG content respectively
- Collagen types I, II and X were evaluated using a immunohistochemical standard procedure
- assayed for cellular expression of tartrate- resistant acid phosphatase (TRAP) using an acid phosphatase staining kit

# Rat randomization

## chondrogenical priming

- solid construct (Solid endochondral ossification (EO))
- channeled construct (Microchannels EO)

## no chondrogenical priming

- No construct (EMPTY)
- BMP-2 loaded solid construct with no pre-culture (BMP-2)

# Surgical procedure

- femoral defects (5mm, mid-diaphyseal) were created in immune-competent adult Fischer rats (>12 weeks old, one defect/animal)
- Femoral shaft exposure via sharp and blunt dissections → circumferential removal of the periostium.
- weight-bearing polyetheretherketone (PEEK) internal fixation plate was secured

Defect created using an dental drill followed by thorough saline irrigation to remove bone debris

- Constructs were press-fit into the defect site
- The wounds were closed with sutures
- On scheduled explant retrieval, rats were sacrificed, CO<sub>2</sub> asphyxiation
- repaired femur, with the PEEK plate fixator intact, was carefully separated from the adjacent hip and knee joints for analysis
- repair tissue was harvested for analysis at 4 and 8 weeks post-implantation.

# Vascular $\mu$ CT analysis and rat $\mu$ CT

- Contrast-enhanced angiography was performed at week 4 to assess vascularisation within the bone defects
- After sacrifice of the rats the vasculature was immediately perfused through the ascending aorta with sequential solutions of heparin (25 U/ml), formalin, PBS, and a barium-based contrast agent (delivered at 6 ml/min)
- Contrast agent : porcine type A gelatin (3 wt%), sodium chloride (0.9 wt%) and barium powder (40 wt%) – delivered at 3 ml/min
- 18G intravenous catheter was used to deliver the perfusion solutions into the rats left ventricle.

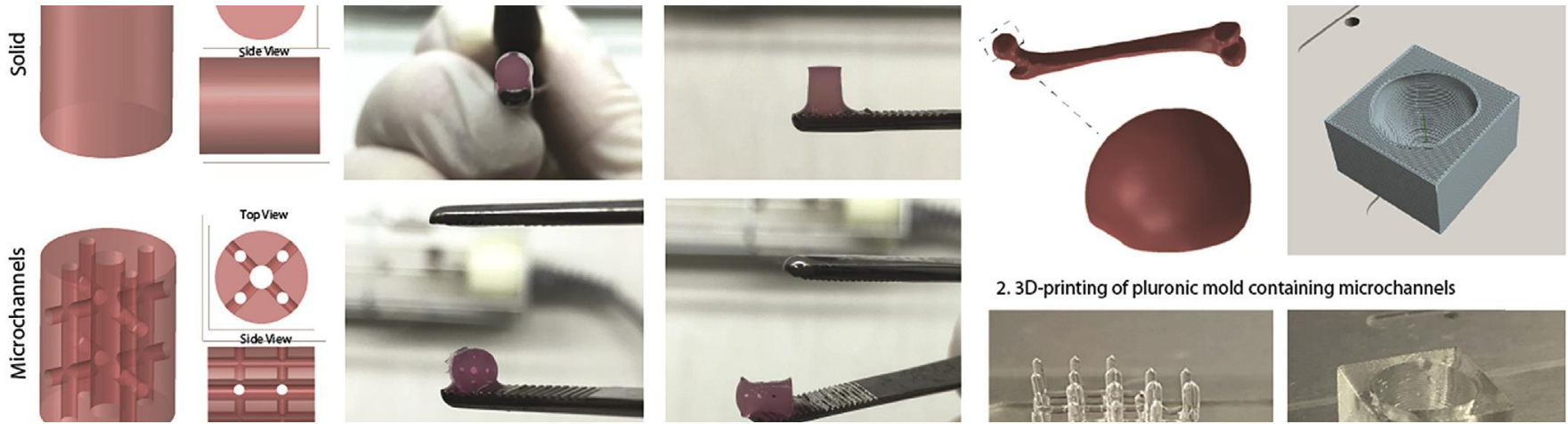
- limbs were excised and scanned using mCT with both bone and contrast agent present.
- For visualisation and quantification of the vascular volume alone, the excised limbs were next decalcified in EDTA (15 wt%, pH 7.4) for 2 weeks to remove the bone mineral content
- $\mu$ CT scans were performed before and after decalcification allowing comparison and defining the defect VOI
- 3D evaluations was carried out on the segmented images to determine vascular volume and to reconstruct a 3D image
- vessel thickness, degree of anisotropy and connectivity were analysed using trabecular thickness analysis scripts provided by SCANCO



- Rats (n =9) were scanned at 2, 4, 6 and 8 weeks post-surgery to assess defect bridging and bone formation
- 3D evaluation was carried out on the segmented images to determine bone volume and density and to reconstruct a 3D image
- Bone volume and bone density in the defects was quantified by measuring the total quantity of mineral in the central 130 slices of the defect.
- For differentiation of regional differences three VOIs were created

# Results

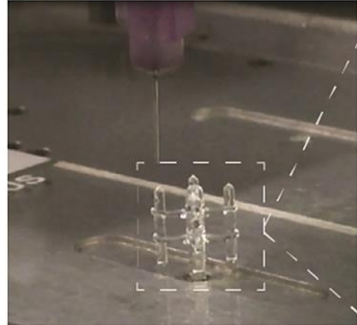
# 3D printing of microchanneled cartilage templates



2. 3D-printing of pluronic mold containing microchannels

a

i) Print pluronic pillars

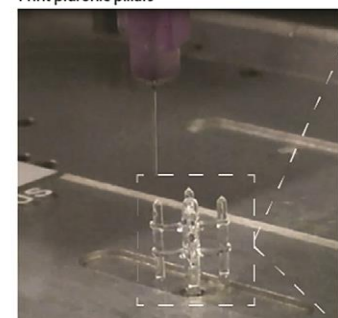


ii) Print pluronic circle around



a

i) Print pluronic pillars



ii) Print pluronic circle around



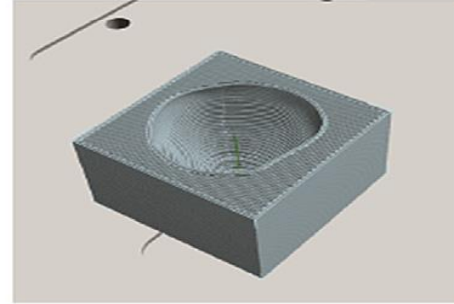
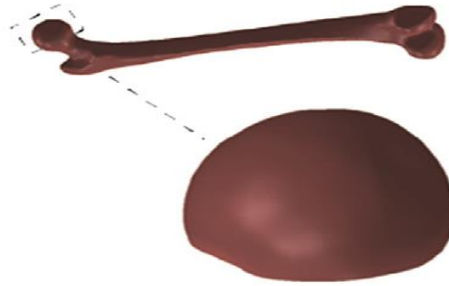
b



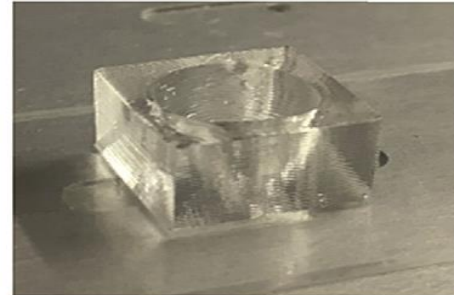
e

## Anatomical bone printing

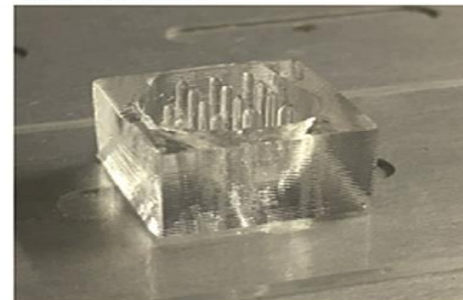
1. Isolation of humeral head and creation of negative mold

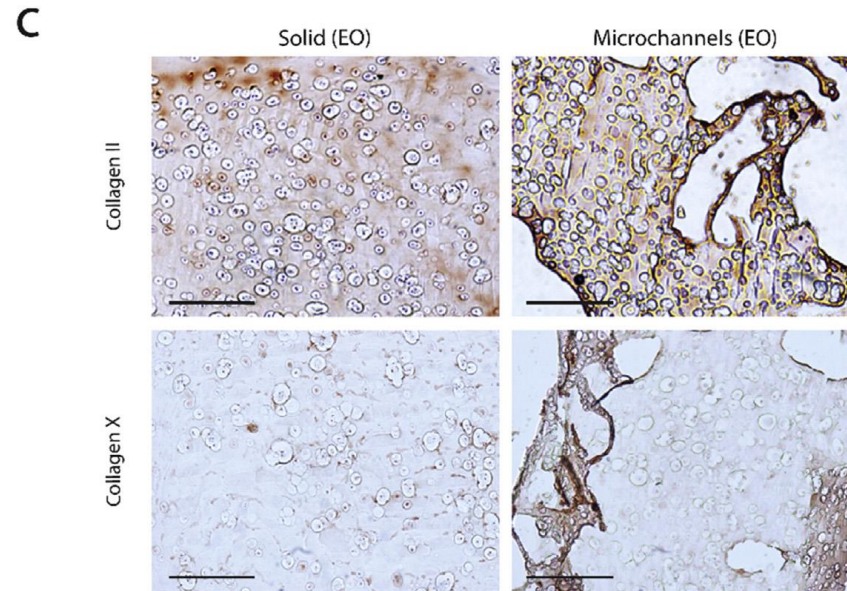
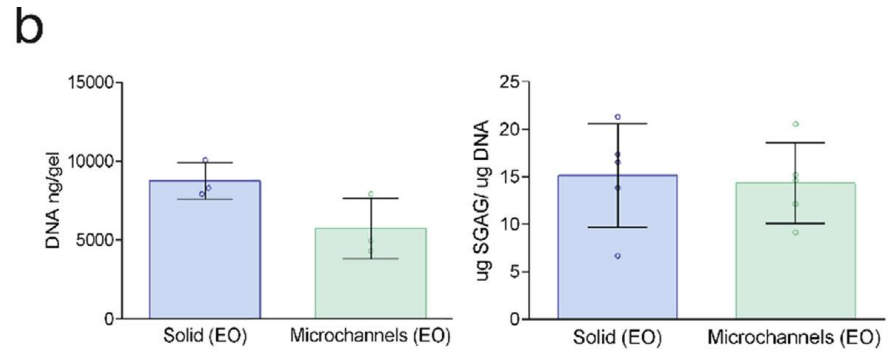
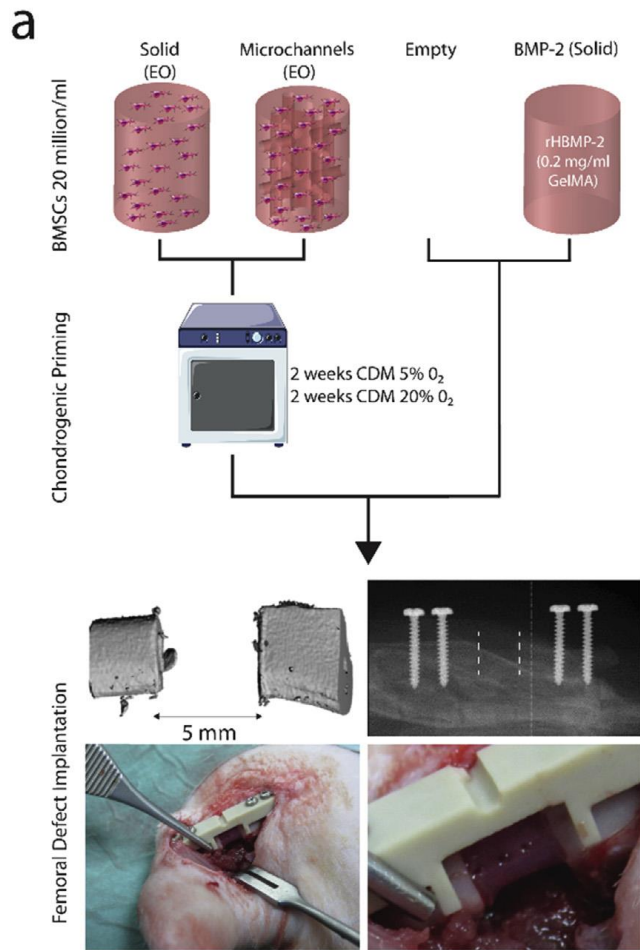


2. 3D-printing of pluronic mold containing microchannels

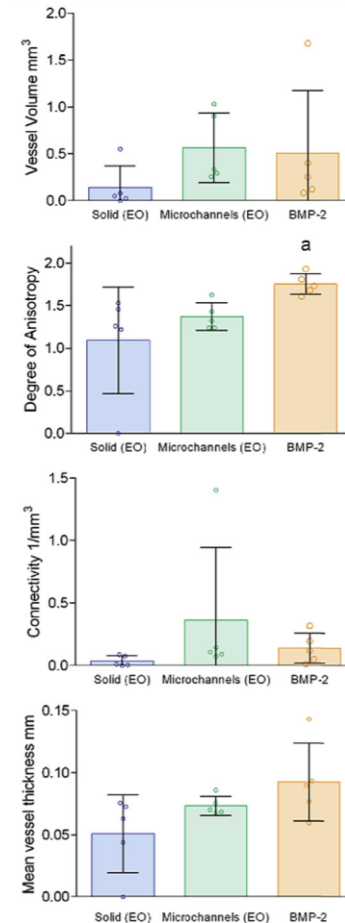
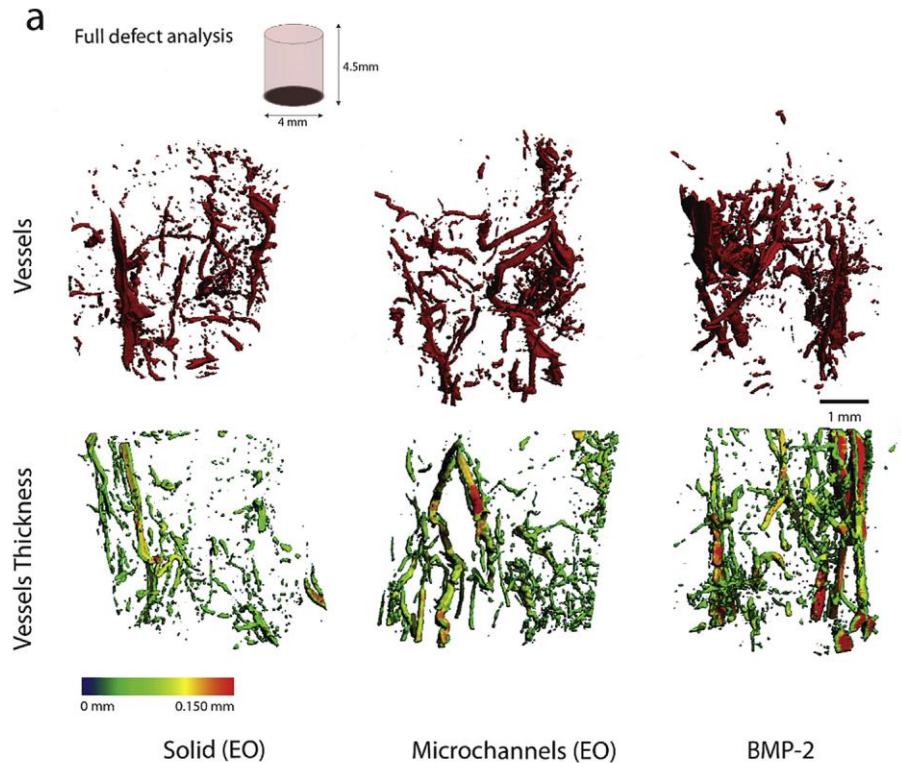


3. Casting of anatomically shaped humeral head containing microchannels



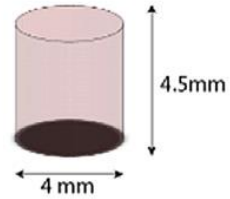


# $\mu$ CT angiography to assess vascular network formation



a

Full defect analysis



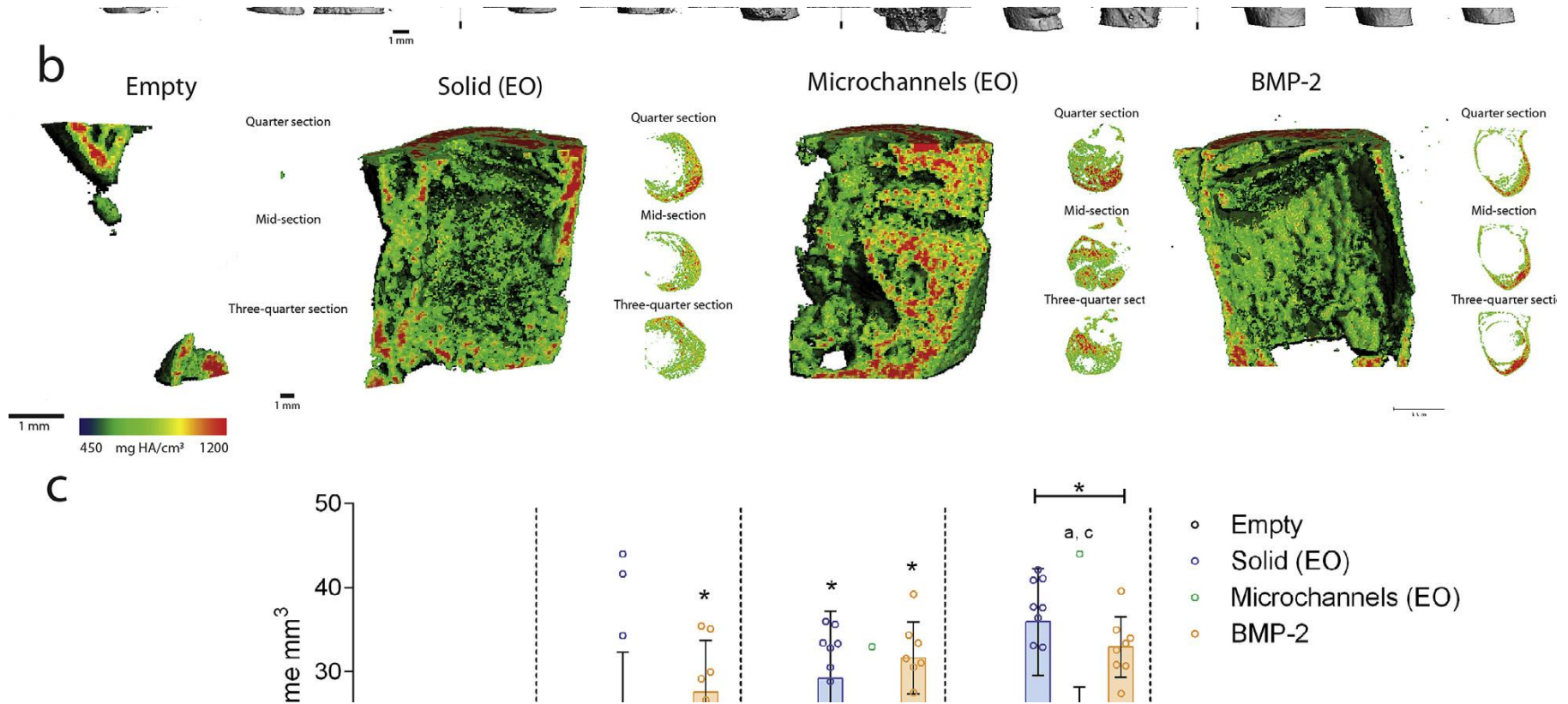
Vessels



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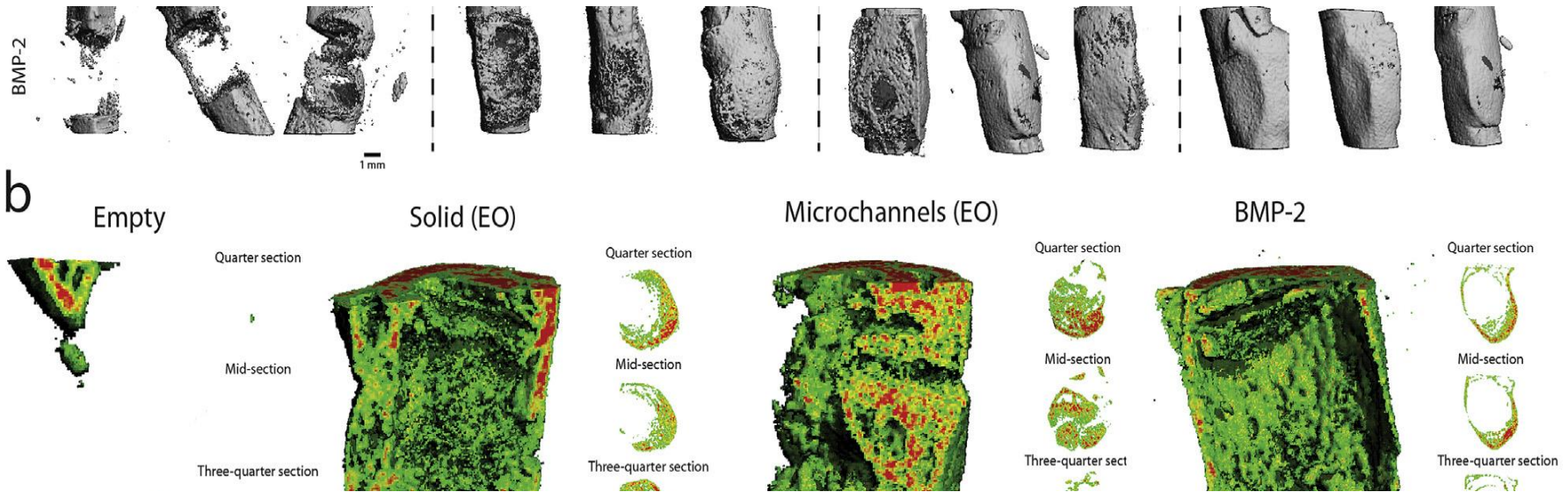


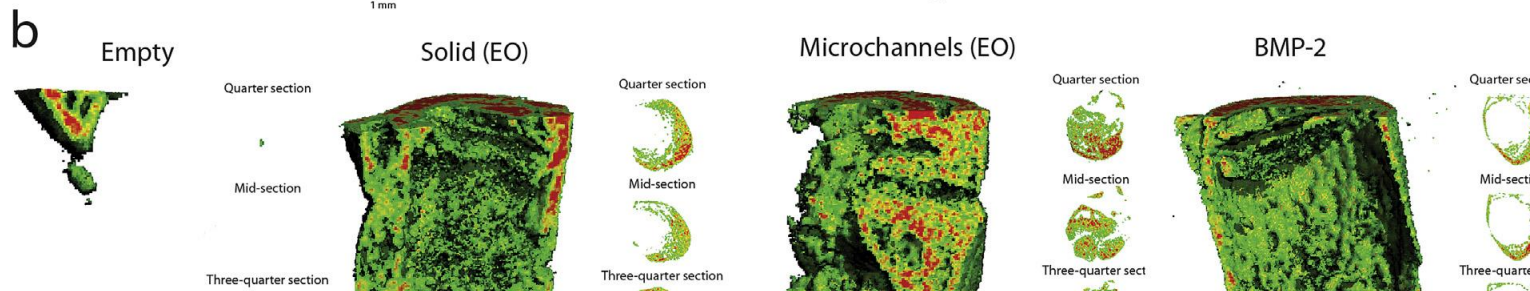
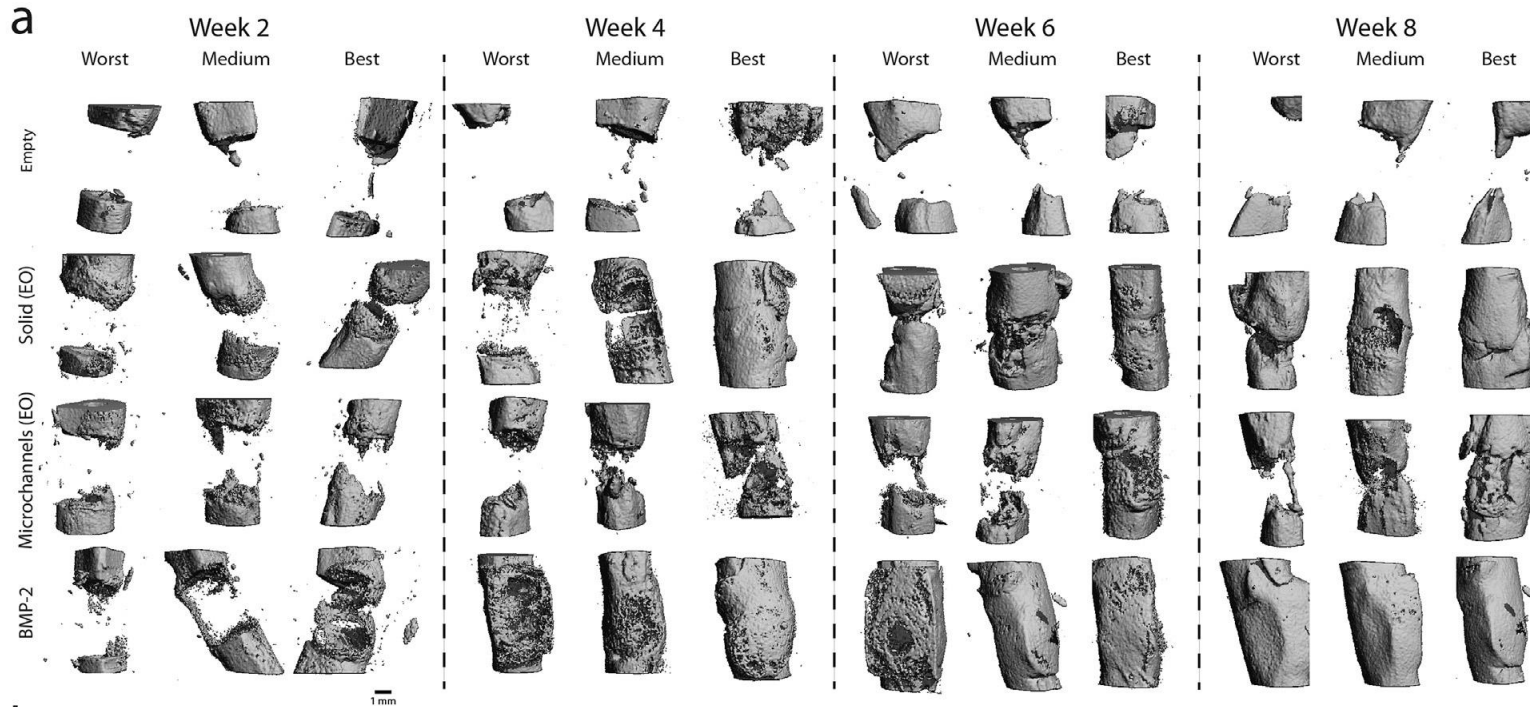
# In vivo $\mu$ CT analysis of bone volume and bone density



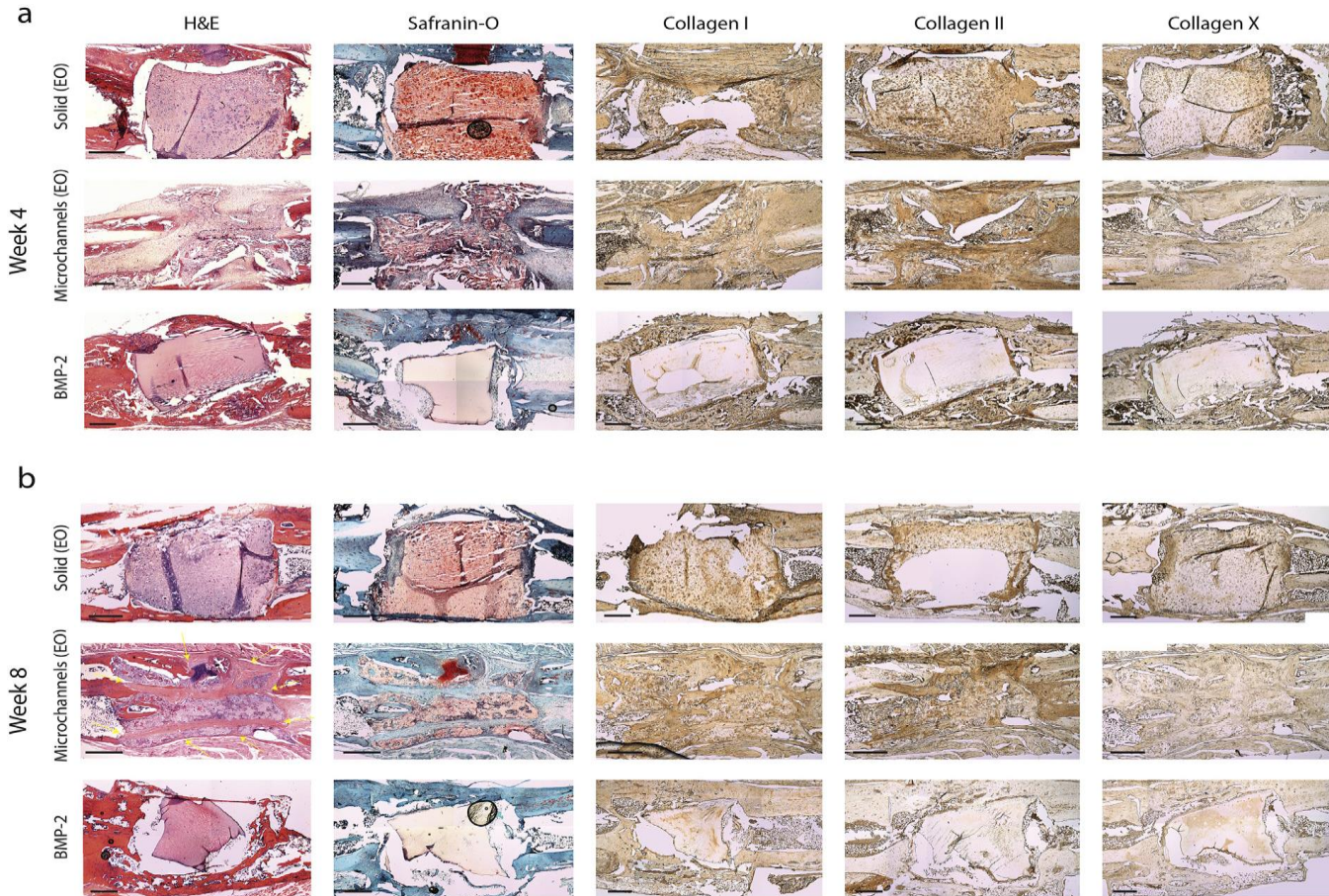


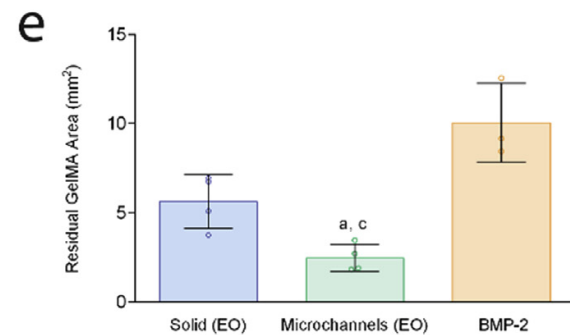
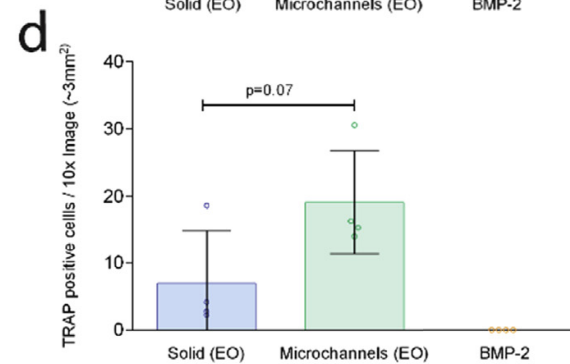
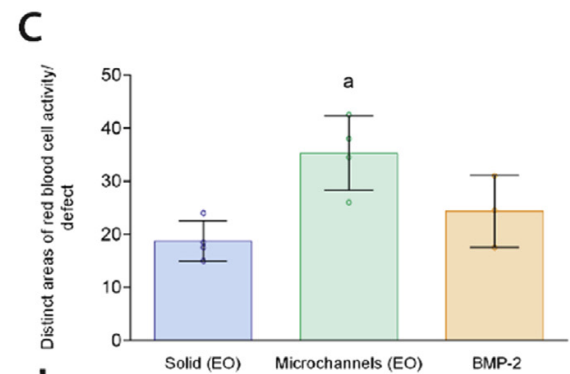
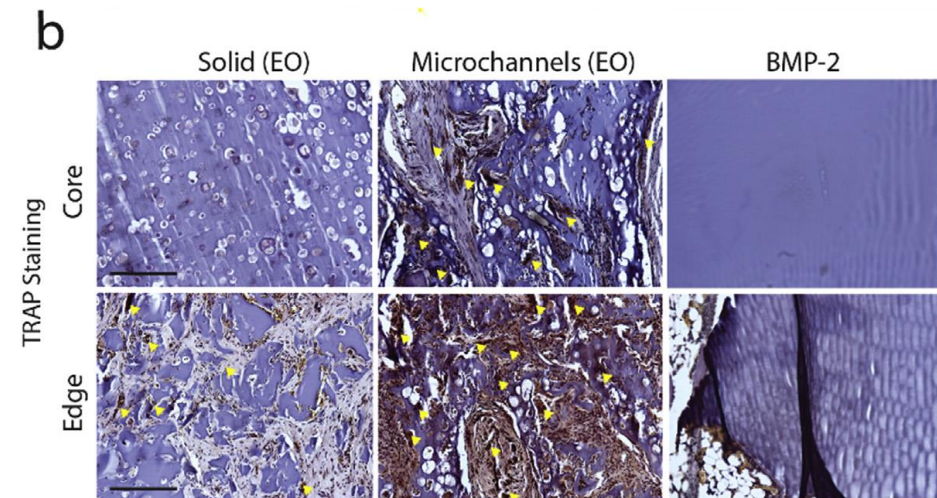
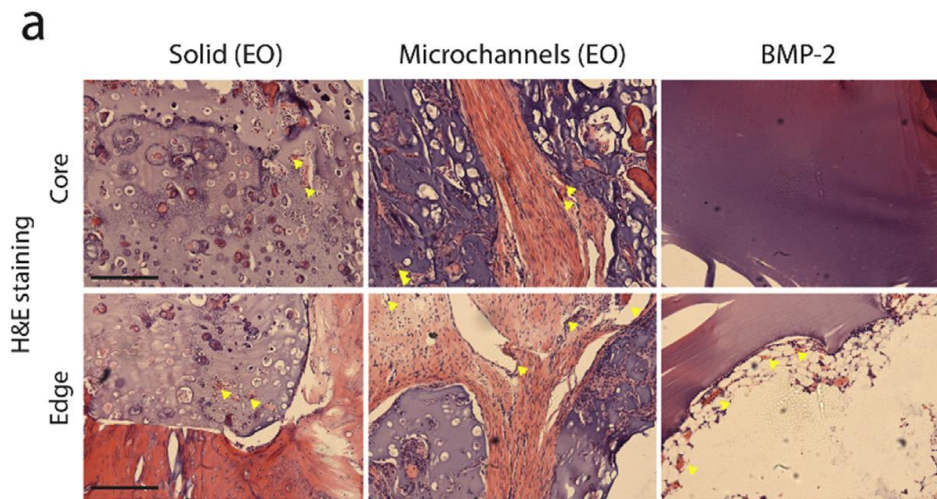
# Densitometry





# Histological and immunohistochemical analysis of implant vascularisation and endochondral bone formation





# Results

- Incorporation of microchannels **did not** enhance overall levels of bone formation
- However, improved core defect vascularization after 4 weeks
- lower levels of heterotopic bone formation observed for the microchanneled cartilage templates
- higher number of host osteoclast/immune cells had invaded the cartilage template via the microchannel network  
→ correlated with **higher levels of vascularisation** and increased degradation of the GelMA hydrogel

# Discussion/Conclusion

- these results confirm the potential of endochondral bone tissue engineering
- demonstrate that 3D-printed microchannels offer a promising approach for guiding vascularisation and implant remodelling during endochondral bone repair.
- Ectopic bone formation is lower and vascularization is higher in the microchannel network.
- Limited by lower bone density and MSCs density in the solid phase of the construct

- Number of challenges before it could be adopted in a clinical setting
- Require patients MSCs, expansion, template formation for large bone defect.
- Bears high costs and regulatory challenges