

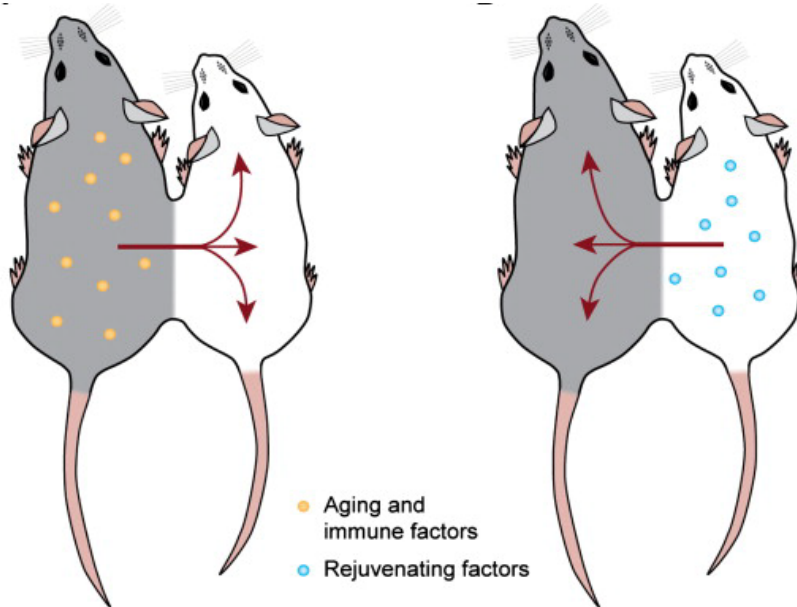
Young blood reverses age-related impairments in cognitive function and synaptic plasticity in mice

Villeda SA et al. Nat Med. 2014 Jun;20(6):659-63.

Ines Ana EDERER, JC 12.10.2015

Introduction

- What are heterochronic parabionts?

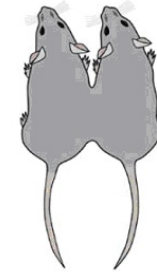


Aging

- Decreased neurogenesis
- Impaired synaptic plasticity
- Impaired cognition

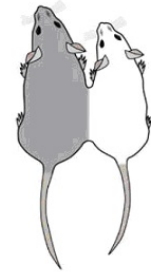
Rejuvenation

- Increased neurogenesis
- Unknown effect on synaptic plasticity?
- Unknown effect on cognition?



Isochronic
(aged-aged)

vs

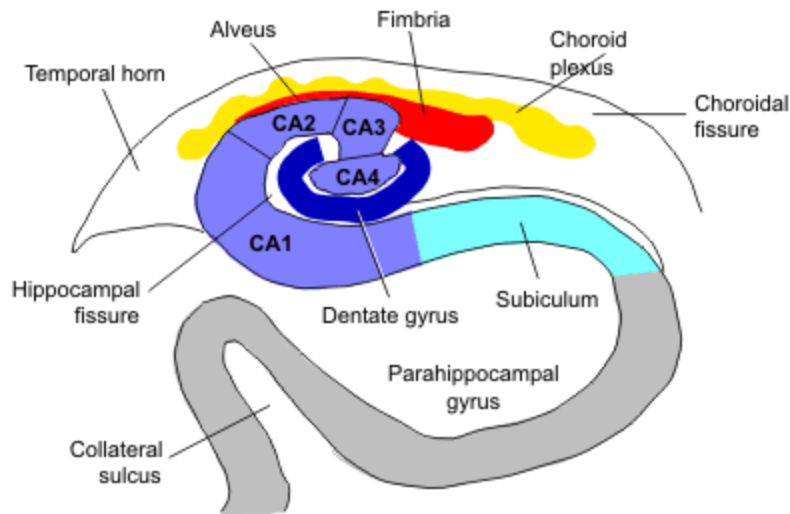


Heterochronic
(aged-young)

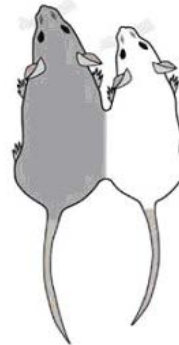
Introduction

Hippocampus - special vulnerability to aging

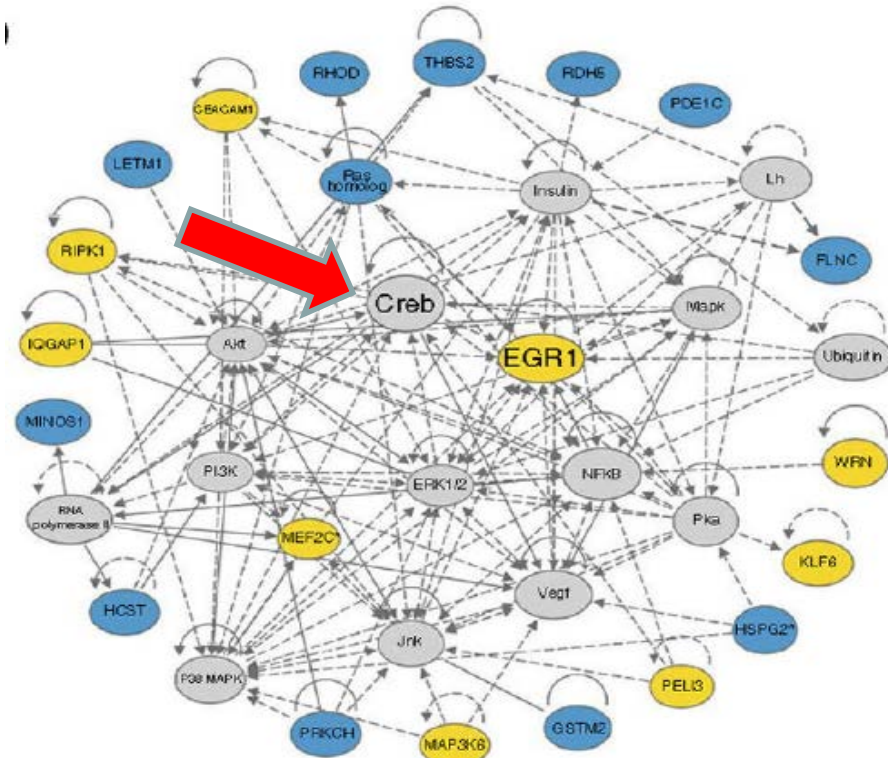
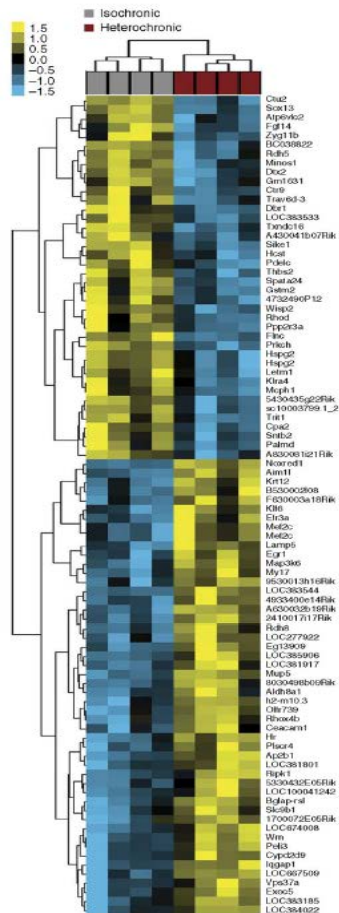
- downregulation of plasticity-related genes
- reduced spine density
- decreased synaptic plasticity
- impairments in associated cognitive functions



I. Molecular, structural and functional changes

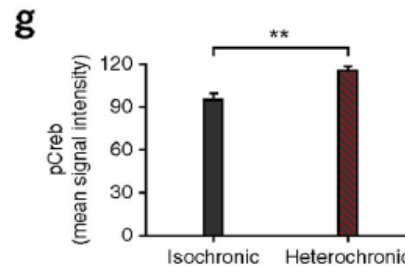
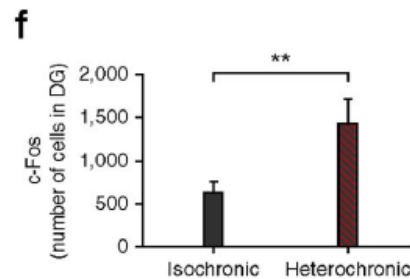
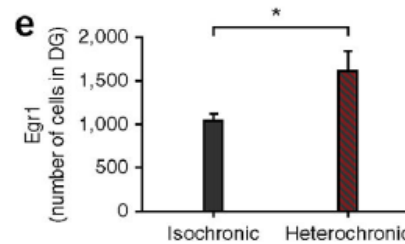
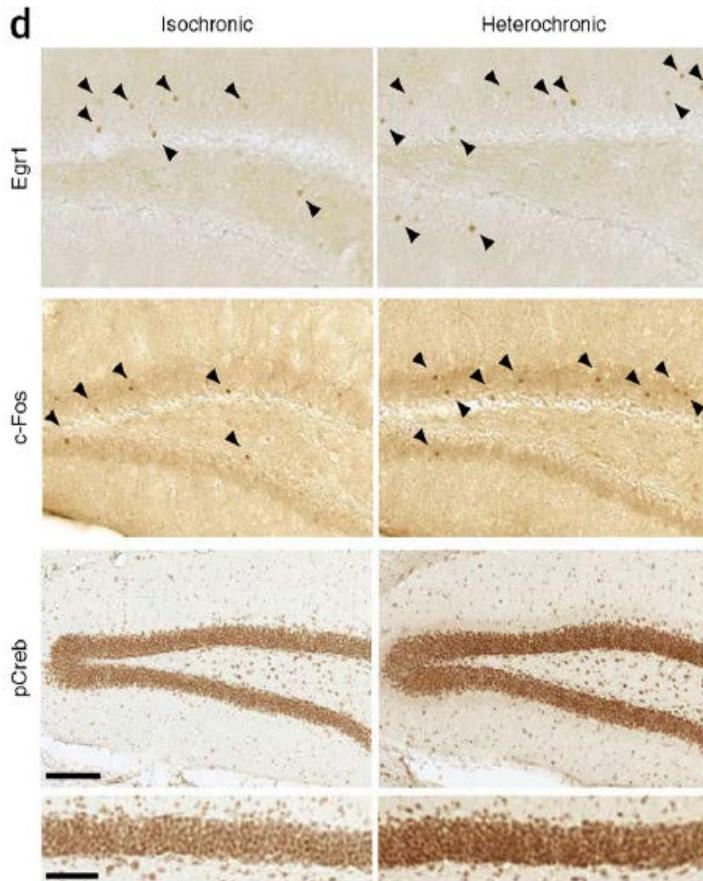


Genome-wide microarray analysis



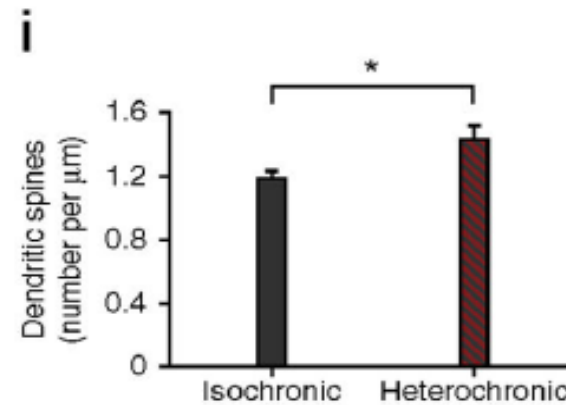
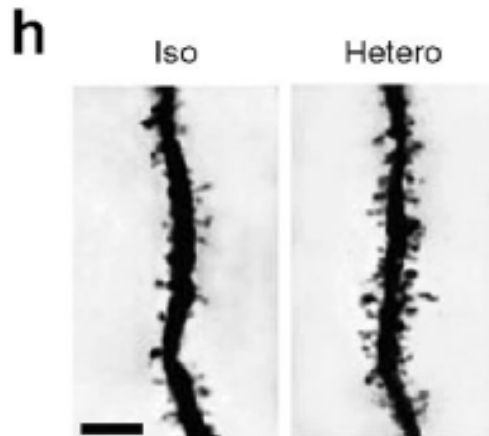
Biological pathways involved in synaptic plasticity using IPA software based on differentially expressed genes in isochronic and heterochronic parabionts.

Immunohistochemical analysis of Egr1, c-Fos, and pCreb in the DG

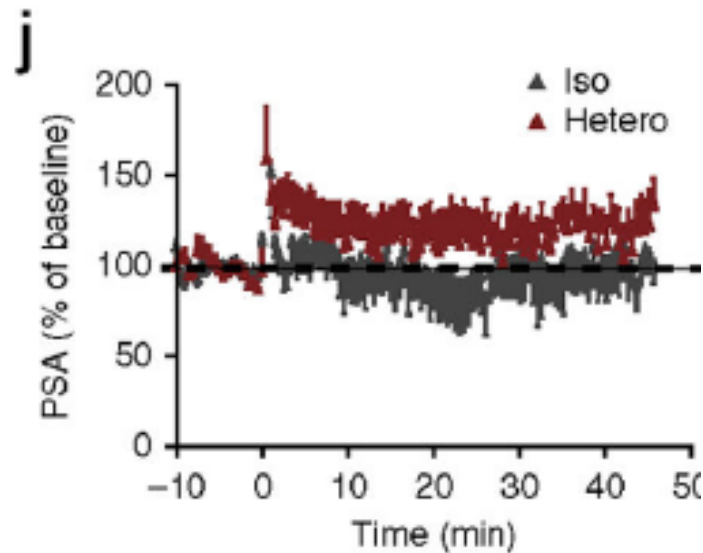


Quantification of immunostaining

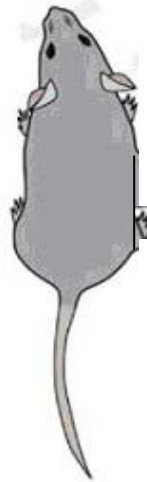
Golgi stain image and quantification of dendritic spine density in granule cell neurons in the DG



Extracellular population spike amplitude (PSA) recorded from the DG of aged parabionts – representative LTP levels for isochronic and heterochronic parabionts

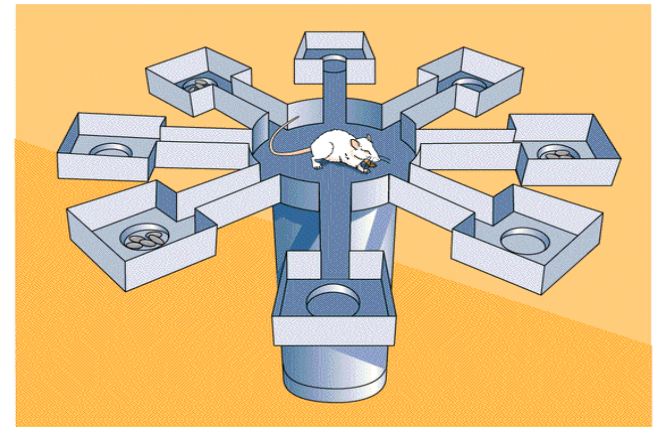


II. Cognitive changes

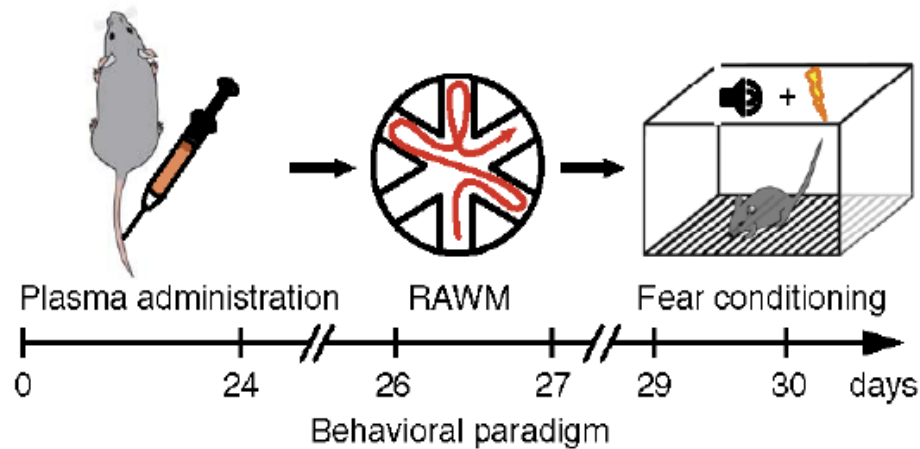


Testing hippocampal-dependent cognitive functions:

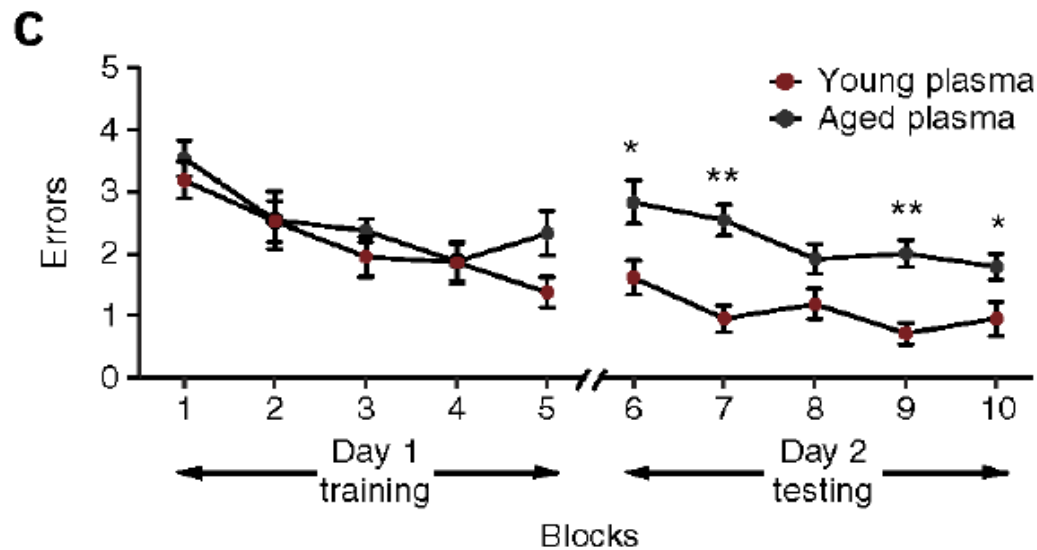
1. RAWM – spatial learning and memory
2. Contextual fear conditioning



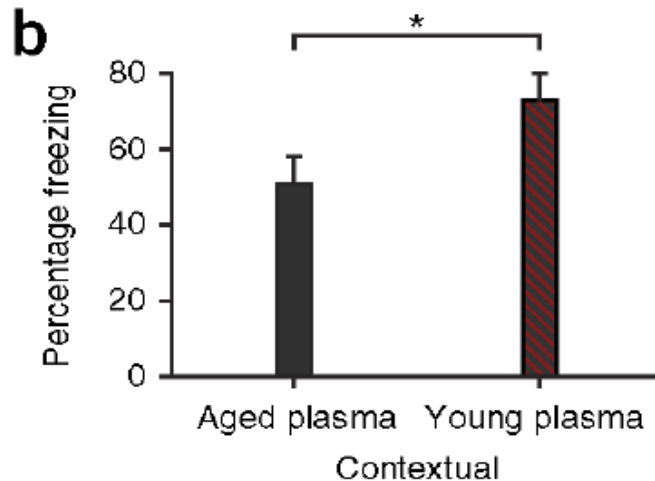
Administration of young blood plasma in aged mice (18 months),
n=8/group.



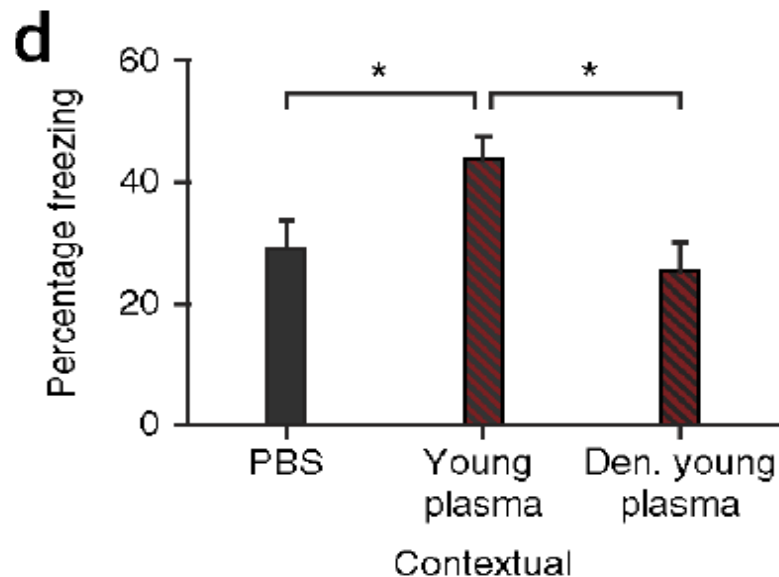
Aged mice given young plasma exhibit enhanced learning and memory for hidden platform location during testing phase.



Mice receiving young plasma demonstrate increased freezing in contextual memory testing.

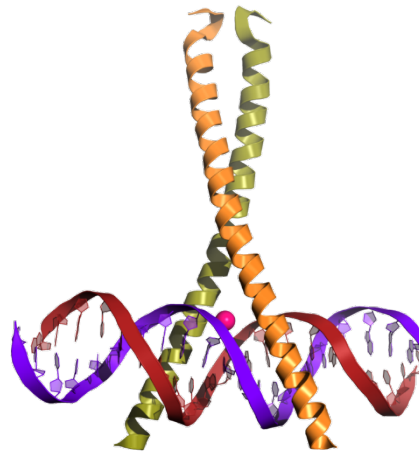


Additional fear-conditioning experiment: saline, young plasma or heat-denatured young plasma to aged animals



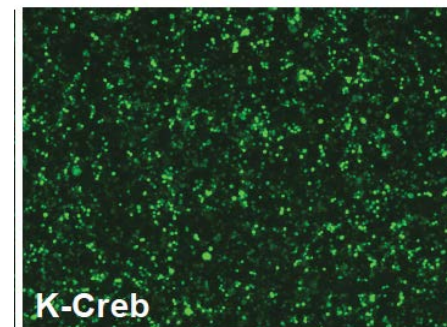
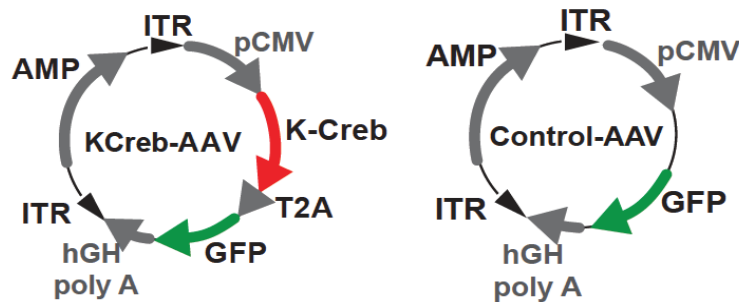
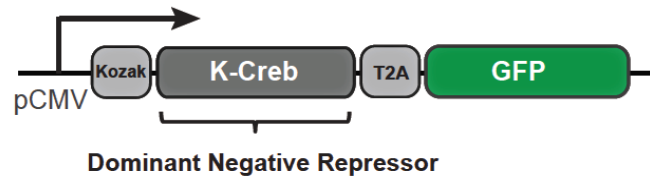
Rejuvenation through
heat-labile factors?!

III. Creb signaling

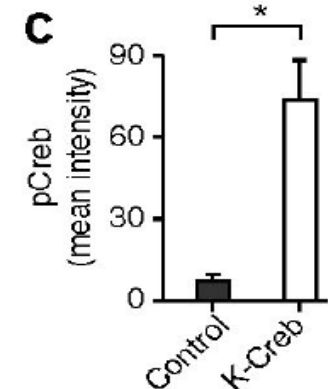
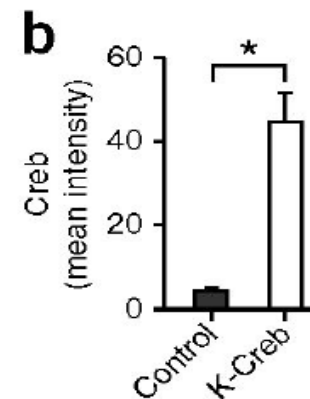
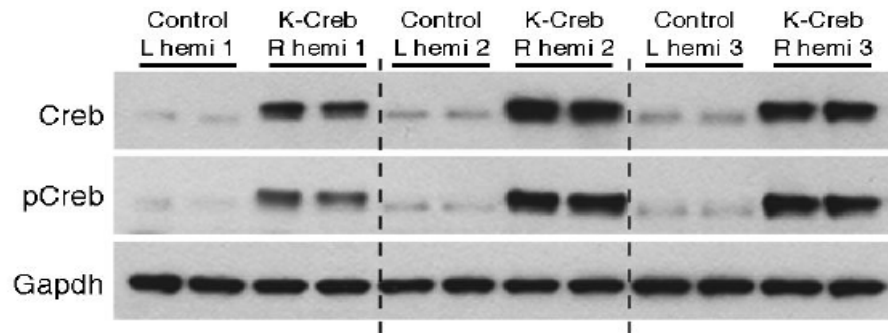


IIIa.

Adult mice infected with AAVs encoding K-Creb in tandem with GFP.

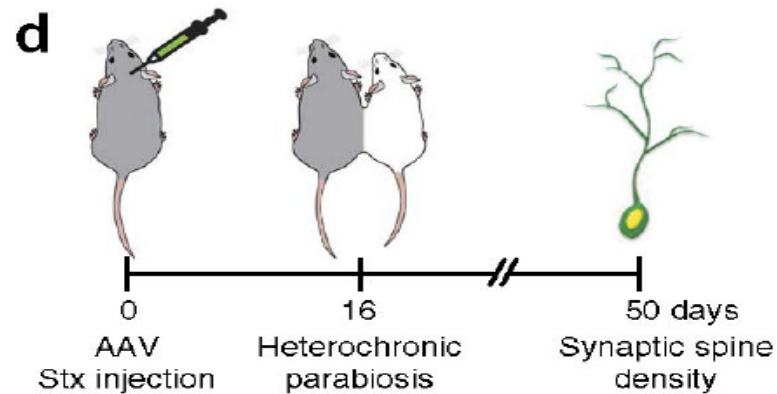


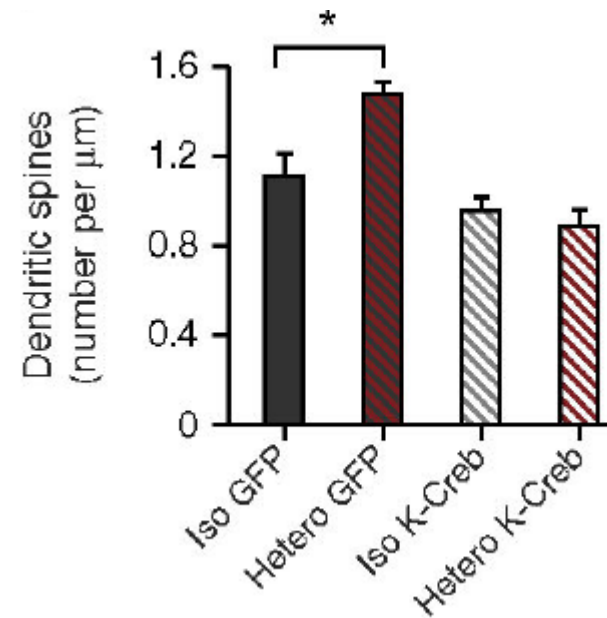
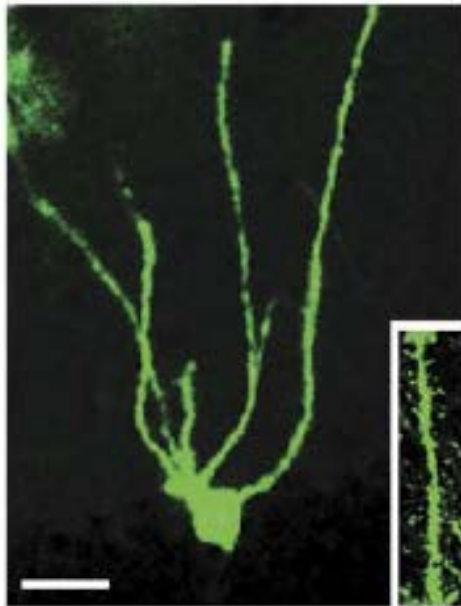
Western blot analysis of K-Creb overexpression in isolated hippocampi



IIIb.

Dendritic spine density in DG assessed by AAV-mediated neuronal tracing

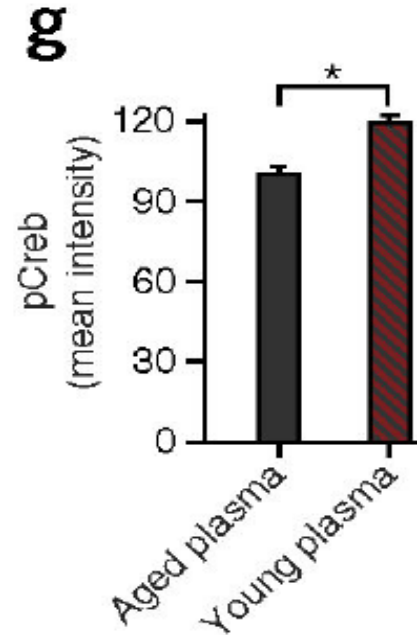




➔ Confirmation of results through shRNAs in N2A neuronal cell line and in the hippocampi of adult mice: Consistent with previous data.

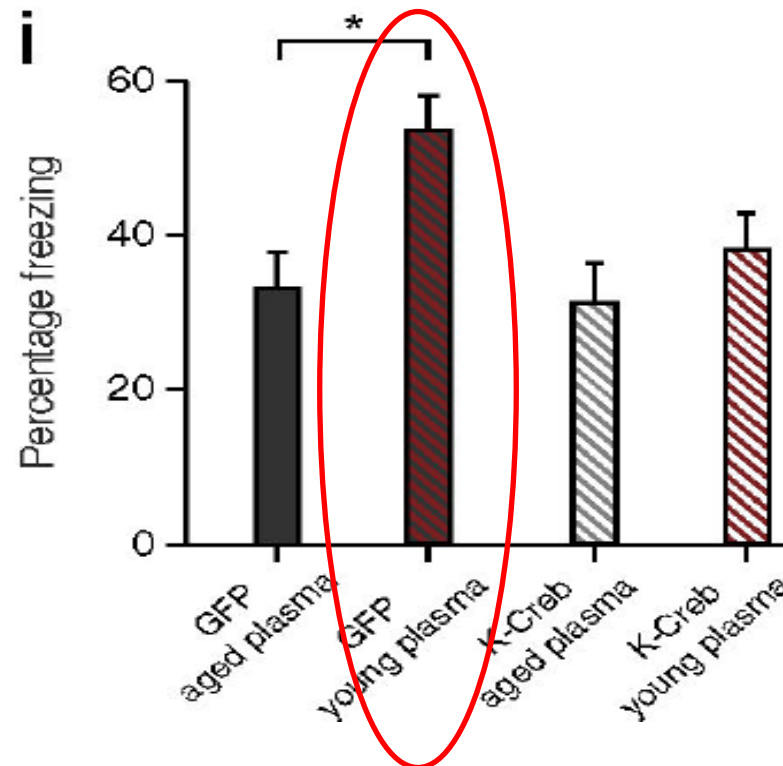
IIIc.

Phosphorylated Creb in the DG of aged animals

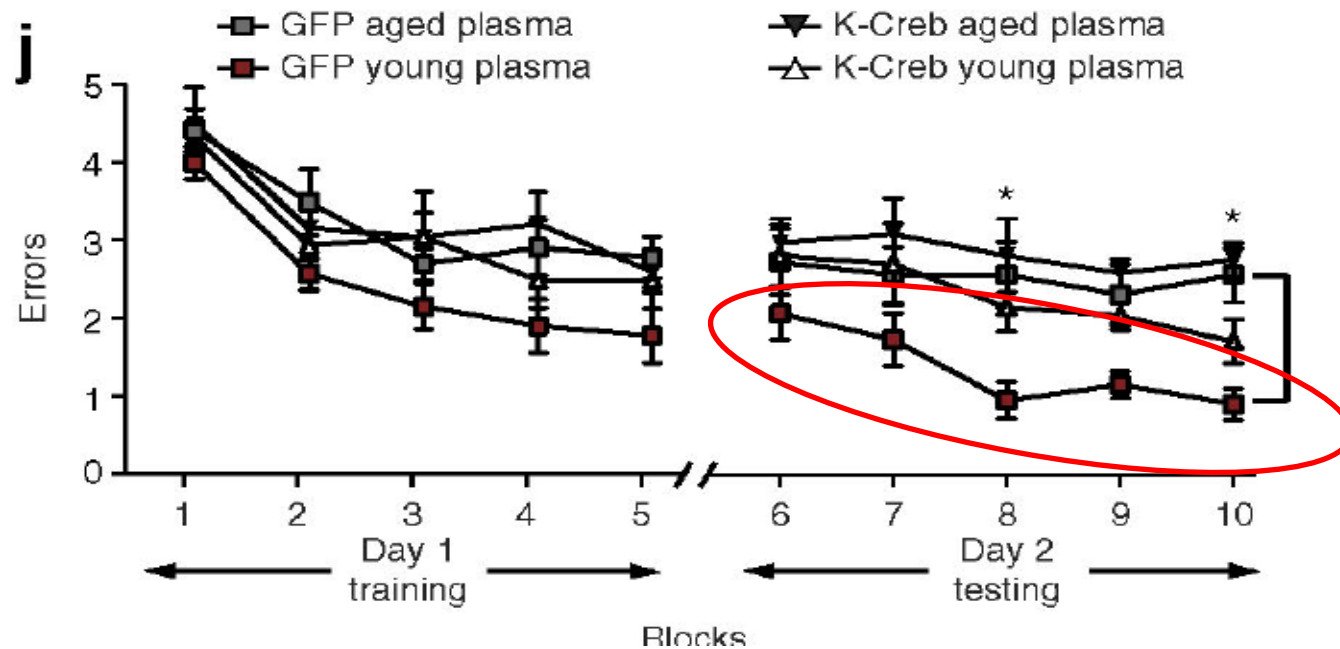


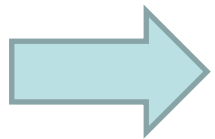


Contextual fear conditioning after plasma treatment



RAWM after plasma treatment





cognitive improvements after administration of young plasma are partly mediated by Creb.

Summary

- Exposure of aged animals to young blood can counteract effects of brain-aging at the molecular, structural and cognitive level.
- Heterchronic parabiosis enhances dendritic spine density and synaptic plasticity in aged hippocampus and elicits a plasticity-related expression profile.
- Administration of young blood plasma improves hippocampal dependent cognitive functions such as spatial learning and memory.
- Creb is one member of the regulatory network underlying cognitive and structural enhancements in the aged hippocampus.

Comment/Criticism

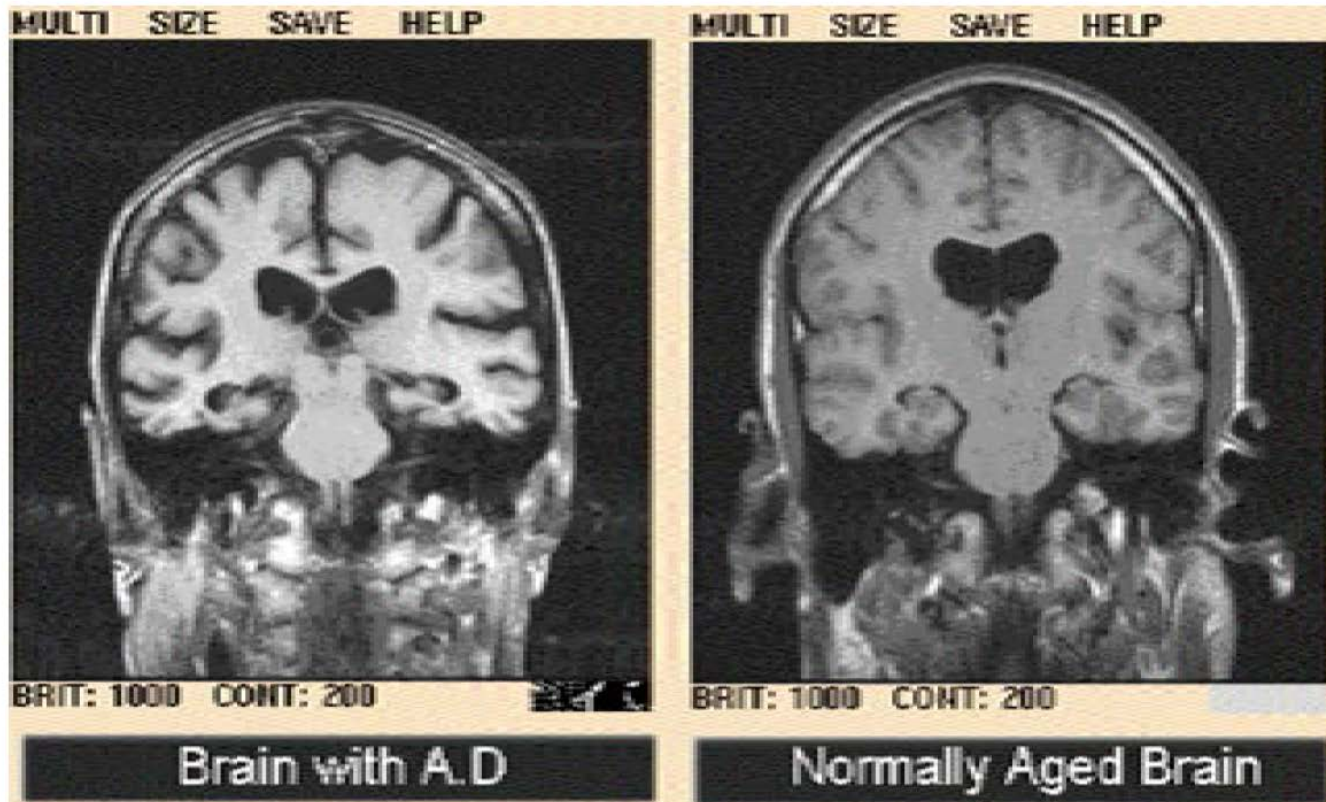
- cued memory testing vs contextual memory testing (p.9)
- “pro-aging” vs “pro-youthful” factors (p.5)
- conflicting conclusion (p.3 Golgi, LTP)
- reproducibility (p.5)

- popular topic and complex (!) methods (many data not published – 19 pages of supplementary tables)
- transferability of results into human being – PRP?!

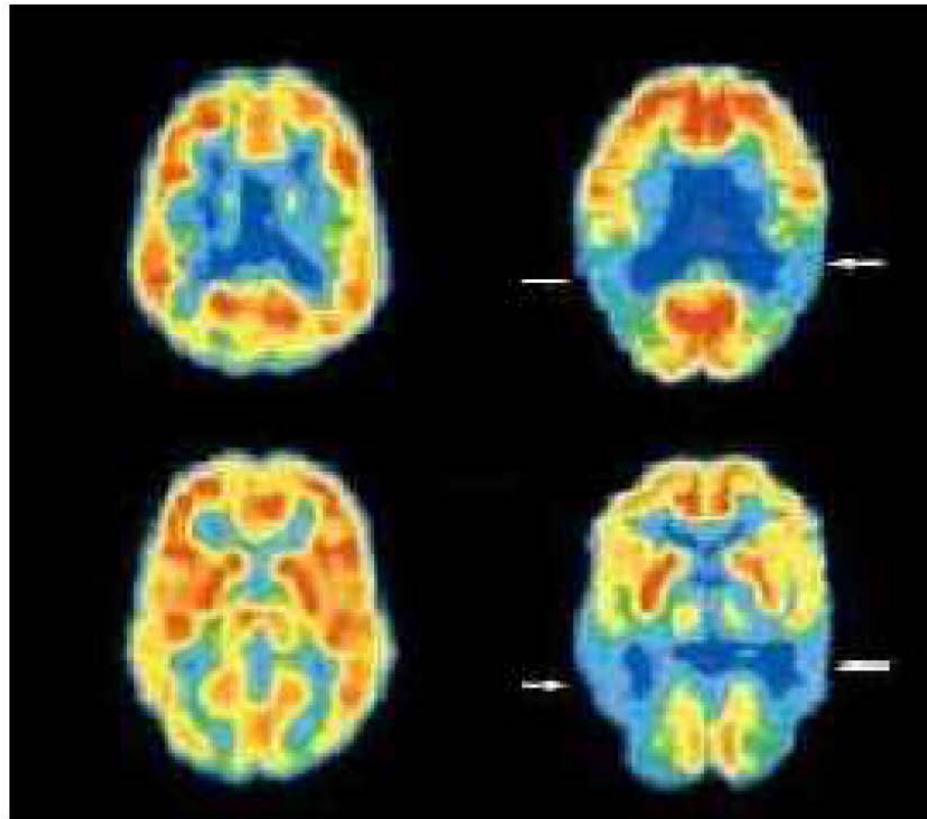
Thank you for your attention!



MRT



PET



Lentiviral Delivery of shRNAs and the Mechanism of RNAi Interference in Mammalian Cells.

